Mount Org

ROCKES IMPROVED,

COMPRISING CERTAINE POETICALL MEDITATIONS,

Extracted from the contemplation of the Nature and Quality of ROCKES; a barren and harsh Soyle, yet a Fruitfull, and Delightfull subject of Meditation.

By WILLIAM PRYNNE, late Exile, and close Prisoner in *Mount-Orgueil* Castle in the Isle of *Iersy*.

Psal. 18. 2. 31. 46. 2 Sam. 22. 2. 3. 32.

The Lord is my Rocke *and my Fortresse, and my deliverer, my God, my strength in whom I will trust, my buckler, and the horne of my Salvation, and my high Towre; my Saviour, thou savest mee from violence. Who is a Rocke save our God? The Lord liveth, and blessed be my Rocke, and let the God of my Salvation be exalted.*

Psal. 40. 1, 2, 3.

I waited patiently for the Lord, and hee inclined unto mee, and heard my cry: He brought mee also out of an horrible pit, out of the miry clay, and set my feet upon a Rocke, *and established my goings, &c.*

London, Printed by *T. Cotes* for *Michael Sparke*, dwelling at the blue Bible in *Greene Arbor*. 1641.

TO THE RIGHT WORshipfull his moſt highly honoured, ſpeciall kind Friend, the truly vertuous, and religious *Lady, Anne Carteret*, wife to *Sir Philip Carteret* Knight: Lievetenant Governour, and Bayliffe of the Iſle of Jerſy.

MAdame, *Vouchſafe to owne and patronize*
Theſe Meditations, which did firſt ariſe
Within thoſe walls, which your bright vertues grace,
And fitted were for that (*) high rockie place
The Poem's *like the* Subject, *barren, rude,*
Uncompt, yet wholſome to an heart renu'd:
Your kind acceptance will it crowne, and raiſe
Above its worth, and be the Poets Bayes:
Who for your Noble Favours whilſt that hee
Remain'd cloſe Priſoner, Exile in Jerſe.
Sequeſtred from all friends acceſſe, ſhall reſt
Whiles any ſparkes of life ſtay in his Breſt

(*) Mount Orgueil.

Your Ladiſhips moſt obliged, moſt devoted friend and ſervant

WILLIAM PRYNNE.

Courteous Reader, I ſhall requeſt thee to correct theſe few *Preſſe errors*, which have eſcaped in ſome Coppies in my abſence.

Errata.

Page 1. line 10. for *the*, read *this*. p. 3. l. 12. r. *make*. p. 18. l. 9. when *whom*. l. 6. them, r. *him*. p. 19. l. 8. to r. *in*. p. 32. l. 24. of, *on*. p. 33. l. 18. ſinne, *weeds*. p. 34. l. 7. they, *theſe*. p. 47. l. 5. muſt, *muſt*. p. 65. l. 15. be, *lie*. p. 71. l. 19 *greateſt*. p. 82. l. 21. loſe, *cloſe*. p. 89. l. 13 *others*, *I*. p. 93. l. 21. fineed, *fixed*. p. 95 l. 22. and, *Ob*. l. 23 Satan, *Satin*. p. 98. l. 25. them, *then* l. 27. ſtations, *paſſions*. p. 103. l. 15. over, *ever*. p. 108. l. 21 thee, *they*. p. 119. l. 6. to. *or*. p. 125. l. 23. arriv'd, *arm'd*. l. 25. *flattering*. p. 149. l. 6. ſhall, *ſhould*. p. 164. l. 1. the, *then*. p. 165. l. 13. th'one, *thine*. p. 169. l. 11. prints, *paints*.

Printers *oft* erre, *but not as other men*;
Their Errors *are* corrected *with a* Pen.

ROCKES IMPROVED.

Compriſing certaine Poeticall Meditations, extracted from the contemplation of the Nature and Qualities of *Rockes*; a Barren and Harſh *Soyle*, yet a Fruitfull and Delightfull *Subject* of Meditation.

THE PROEME.

WHen from the lofty * Caſtle I eſpie
The ragged Rocks, which round about it lye;
My Working thoughts begin from thence to raiſe
Some (a) *Meditations*, to their Makers Praiſe,
And mine own Profit: which my heart may warm,
Yea mount to Heaven, and vaine fancies charm.

* *Mount-Orgueil.*

(a) Pſal. 77. 12. Pſal. 19. 14. Pſal. 143. 5. Pſa. 104. 34.

Meditations of the firſt Ranke, Parallelling Chriſt and *Rockes* together.

AND firſt, the Rockes doe lively repreſent
A complete Image, full of ſweete content,
Of Chriſt our Rocke; ſith that both They and He
In Name and Nature fitly doe agree.
Are they cal'd Rockes? So he in ſacred Writ
A (*b*) *Rocke is ſtil'd*, in theſe regards moſt fit.

1.

The Stony Rockes no other Father know
But God *who made them*, from whoſe (*c*) *word they flow*
So Chriſt (both God and Man) no Father knowes
But (*d*) *God eternall*; from whoſe Loines he flowes
By ſuch a (*e*) *Generation as exceedes*
Mens ſhallow Thoughts, and in them wonder breeds.

2.

Rockes are the (*f*) *firmeſt ground whereon to lay*,
And found ſuch buildings as ſhall not decay.
But laſt and ſtand in ſpite of Floods, Stormes, wind,
Which may beate on them, yet no entrance finde,
So (*g*) *Chriſt's the onely Rocke, the tryed ſtone*
On which the Church is built: On Him alone
Our Soules ſo ſafe, faſt, firmely, founded lye,
That they ſhall ſtand for all eternity
Unſhaken, undemoliſht, *maugre all*
The (*h*) *Stormes, Floods, Winds, that on them beat & fall*
Though

(*b*) 1 Cor. 10. 4. Pſal. 18. 2. 31. 46. Pſ. 28. 1 Pſ. 31. 3. Pſa. 42. 4. Pſ. 62. 2. 7. Pſal. 71. 3. Pſ. 89. 26. Pſal. 92. 15. Pſ. 94. 22. Pſal. 95. 1. Deut. 32. 31. 2 Sam. 22. 2. 3. 32. 47.
(*c*) Pſal. 148. 5. Ioh. 3. 3.
(*d*) Ioh. 5. 17. 18. Ioh. 8. 16. 18. 19. 28. 38. 41. 49. 54.
(*e*) Ioh. 1. 14. c. 3. 16. Act. 13. 33. Heb. 1. 5. c. 5. 5.
(*f*) Mat. 7. 24. 25. Luk. 6. 47. 48.
(*g*) Iſa. 28. 16. Mat. 16. 18. 1 Pet. 2. 3. 4. 5. 6. 7. Pſal. 118 22. Act. 4. 11. 1 Co. 3. 11. Epheſ. 2. 20. 21.
(*h*) Mat. 7. 24. 25. c. 16. 18. Rom. 8. 35. to 39. 2 Pet. 1. 10. Pſal. 125. 1. 2 Cor. 4. 7, 8, 9. 1 Cor. 10. 13.

Through Men or Devils Malice: Happie they
Who on this firme Rocke, all their buildings lay.

3.

Rockes yeeld the *ſweeteſt* (*i*) *Honey*, Men to feede:
The (*k*) *ſweeteſt honey comforts, Joyes proceede*
From Chriſt our Rock, Mens drooping ſouls to cheare
And ſweeten all ſowre Croſſes which they beare.

(*i*) Pſal. 81.16. Deut. 32.13.
(*k*) 2 Cor. 1.3, 4,5,6. Pſal. 71. 21. Cant. 2.5. Iſa. 40.1. c.51. 3. c.61.1,2.

4.

All precious Stones, and Jewels Rocks doe breed:
All Gemmes and Pearles of Grace from (*l*) *Chriſt proceed*
The firſt, our Bodies decke, but for a ſpace;
The laſt, our (*m*) *Souls, with an eternall Grace.*
The firſt, in Mans eyes are a lovely ſight;
The laſt in Gods eyes makes us ſhine moſt bright.
O let us then, theſe Jewels onely priſe,
Which make us (*n*) *comely in Gods ſacred eyes.*

(*l*) Ioh. 1.16. Rev. 3.18. Col. 2.2.3.
(*m*) Pſal. 45.9. 13.14. 1 Pet. 3. 3,4,5. 1 Tim 2. 9.10. Cant. c.1. to 8.
(*n*) Ezech. 16. 8. to 15. Cant. 2.1,2. c.4. 1,2. &c. c. 5.1. to 8.

5.

The richeſt *Mines of Silver, Gold, Tin, Lead,*
Braſſe, Copper, in the wombes of (*o*) *Rockes are bred*:
Whence not digg'd out with pains, they uſeleſſe lie
And none are better'd, or enricht thereby.
Thus all the Mines, and *Treaſures of Gods Grace*
Are (*p*) *hid in Chriſt*, as in their proper place.
Yet none doe happie, rich, or wealthy grow
By theſe hidde Treaſures, though they overflow;
But thoſe who take *much* (*q*) *paines to dig them thence*
With Prayers, Teares, Faith, Hope, and Patience.
O let us then be ever drawing Oare
Out of our Rock Chriſt, in whom there's ſuch ſtore

(*o*) Deut. 8.9. Iob. 28.2.
(*p*) Col. 2.2.3. 9. Ioh. 1.15.16 Epheſ. 3.8.18. 19.
(*q*) Prov. 2.3, 4,5 Mat. 13,44, 45. 46. Rev. 3 18. c. 22. 17. Ioh. 1.15.16. Mat. 7.7.8. c. 21.22. Iam. 5. 7.8. Rom. 8.24. 25.

Of richeſt golden Mines, that all (r) *who will*
May there their Soules, and Bagges for ever fill.

(r) Rev. 3. 18. c. 22. 17. Iſ. 55. 1. 2. 3 Ioh. 7. 37.

6.

The *pureſt, beſt, and pleaſanſt waters ſpring*
Out of (ſ) *Rockes ſides*; which *ſweete refreſhment bring*
To Man and Beaſt, whoſe *Thirſt they quench and ſtay*,
Their bodies bathe, and waſh their filth away.
Thus from our Rocke Chriſt, and his pierced ſide,
Such peareleſſe *Streames of* (t) *Blood and Water glide*,
(To *ſave, bathe, cleanſe, refreſh all broken Hearts*,
And quench hell flames, with Sathans, fiery Darts:)
As farre ſurpaſſe the pureſt Streames that flow,
From all the Rockes, or Fountaines here below.
And now (me thinks) (v) the *Rock in wilderneſſe*
Whence ſtreames of waters guſhed to redreſſe,
And *quench the Peoples Thirſt, when Moſes Rod*
It *ſmote, and pierced by command from God.*
(Yea every Rock whence Criſtall waters ſpring)
A *lively* (x) *Picture was*, and is to bring
Our Rocke Chriſt to our Mindes, and to preſent
Him to our eyes, and Hearts with great content:
From whoſe pierc'd Hands and ſide with Nayles and Speare,
Whole (y) *Streames of precious Blood, and waters cleare*
Did ſweetely flow, Gods wrath to quench, allay,
His peoples Thirſt, and waſh their ſinnes away.
We neede not then a Crucifixe, to bring
Chriſt to our Mindes, ſith every Rocke and Spring
That flowes from thence, doth in more (z) *lively* (wiſe
Preſent Chriſt and his Paſſion to our Eyes;
Let Papiſts then behold their painted ſtickes;
Each Rocke to me ſhall be a Crucifixe,
As (a) *God hath made it*: and ſhall teach me more,
Than all the Pictures of the Roman Whore;

(ſ) Deut. 8. 15. Pſal. 105. 41. Pſa. 114. 8. Iſa. 48. 21. Pſ. 104. 10, 11, 12, 13.
(t) Ioh. 19. 34. 1 Ioh. 5. 6. 8. c. 1. 7. Rev. 1. 5. Heb. 9. 14. Eph 5. 26. 1 Cor. 6. 11. Eph. 1. 5. 2. 13. Heb. 10. 19. c. 13. 12. 20. 1 Pet. 1. 19.
(v) Exod. 17. 5. 6. Num. 20. 10. Deut. 8. 15. Neh. 9. 15. Pſal. 78. 16. 20. Pſ. 105. 41. Pſal. 114. 8. Iſa. 48. 21.
(x) 1 Cor. 10. 4.
(y) Ioh. 19. 34. 1 Ioh. 5. 6. 8. 1 Joh. 1. 7. Rev. 1. 5. c. 22. 17. Ioh. 7. 37. Eph. 5. 26. Iſay 55. 1. 2.
(z) 1. Cor. 10. 4. Gal. 3. 1.
(a) 1. Cor. 10. 4.

Which

Which are *meere* (b) *Idoll, heathenish vanities,*
And (c) *teach nought else, but Errors, Sinnes, and Lies.*

(b) Psal. 135. 15. 16. 17. 18.
(c) Jer. 10. 8. 9. Hab. 2. 18. Zech. 10. 2. Isay 41. 29.

7.

Rockes yeeld a pleasant (d) *shade against the Heate,*
The scorching Sun and Storms that on Men beate;
Which sweete Refreshment to the weary brings,
And cooles them more than any limpid Springs.
Christ our Rocke is a sweete refreshing (e) *shade*
Against all Heates that scorch, all sinnes that lade
His Saints; whose weary Sinne-burnt Soules can gaine
No (f) *rest but in his shade,* which ends their paine;
Yea *fills them with such* (g) *Peace, Joy, Chearefulnesse,*
That they an Heaven here on Earth possesse.
O let us still abide in this blest shade,
Where-with our soules are eas'd, and happy made.

(d) Isay 32. 2. Joh. 4. 5. 6. Job 7. 2.
(e) Isay 25. 4. 5. c 4. 6. Cant. 2. 3. Psal. 17. 8. Ps. 36. 7. Ps 57. 1. Psal. 91. 1. Hosea. 14. 7.
(f) Mat. 11. 28. 29. 2 Thess. 1. 7.
(g) Isa. 35 2. 10. Rom. 14. 17. c. 15. 13. Gal. 5 22. 1 Pet. 1. 8.

8.

The *Holes and Clifts in Rockes to which Men* (h) *flye*
In times of Danger, for Security;
Paint out the *Holes, Clifts, wounds in Christs pierc'd*
(i) *side*
Feete, Hands, wherein our Soules may safely hide
Themselves against all stormes that Devils, Hell,
World, flesh, or Sinne can raise up, them to quell.
O let us to these blessed Holes, Clifts flye
For Shelter, and in them both live and dye.
Yea let each Hole and Clift which we espie
In Rocks, present Christs wounds, Holes, to our Eye,
And so imprint them in our Hearts and Minde,
That they may still sweete Solace in them finde.

(b) 1 Sam. 13. 6. c. 23. 3. 4. Judg. 20. 45. 47. Isa. 2. 10. 19. 21 c. 7. 19. c. 57. 5. Jer. 16. 16. Rev. 6. 15. 16. Jer. 13. 4.
(i) Joh. 19. 34. Isa. 15 4. 5. Ps. 27. 5. Ps. 143. 9. Cant. 2. 14.

9.

Rockes ſeldome (k) *weare or waſte, but laſt and know*
No changes, while Things, Seas ſtill ebbe, and flow
About them. So our Rocke *Chriſt laſts for aye*
Without all Change, both (l) *yeſterday, to day,*
And ſtill the ſame for all eternitie,
When all things elſe decay, waxe, old and dye.
Friends, Parents, Kindred, Goods, Lands, Cities, States,
Kings, Kingdomes, yea the world, have (m) *all their Fates,*
Falls, Changes, Periods; and doe paſſe away;
Whiles Chriſt our Rocke ſtands firme at the
(n) *ſame ſtay.*
No change, age (o) *death can on him* ſeaze, *or lite,*
He ſtill continues in the ſelfe-ſame plight,
O let us then *make Him our onely* (p) *ſtay,*
Friend, Treaſure, Portion, who thus laſts for aye,
Then when all Friends, Helpes, Stayes, Hopes
elſe faile, *He*
Alone (q) *more than all theſe to us will be.*
Oh prize Him moſt who doth all elſe excell,
And ſtill remaines when they bid us farewell.

10.

Rockes are to Men *the* (r) *ſtrongeſt, ſafeſt Fence,*
Fort, Refuge in all Dangers: and from hence
Moſt *Caſtles, Townes, Forts on them ſetled ar,*
Which guard whole Kingdomes, both in Peace
and war;
To theſe men in all places *uſe to flye*
For ayde and ſhelter in extremitie,
And is not Chriſt our Rocke, the ſtrongeſt Mound,
The *ſafeſt* (s) *refuge of his Saints*? who found
Their

(k) Mat. 7.25. 26. Job 6. 12. c. 19.24.
(l) Heb. 13.8. Pſ.102. 12. 26. 27. Mal. 3.6. Jam.1.17. Rev. 1. 8. 17. 18. Heb.1.11.12.
(m) Pſal. 102. 12.25.26. Heb. 1.11.12. Iſa. 2. 22. c. 26. 14. c. 40.6.7. Dan. 4. and 5. and 10. & 11. & 12. 2 Chron. 36.
(n) Heb. 13.8.
(o) Rom. 6. 9. 10. Rev. 1. 8. 17. 18.
(p) Pſal.73.25. Pſ.119.57.
(q) Pſal.27.10. Eph.1.23. Col. 3.11.1 Cor.15. 28. Pſal. 90.1.
(r) Num. 24. 21. Judg. 15.8. c.20.45. 47. 1 Sam.23.25. Pſ. 94. 22. 1 Sam. 13.6. c. 24. 2. Iſa. 2.10. 19.21 c. 17.19. c. 33. 16. Jer. 4. 29. c.16.16. c. 48. 28. c 49. 16. c. 51.25. Obed.3. 4. Rev 6. 15. 16.
(s) Pſal. 18. 2. 31.48 Pſ.31.3. Pſa.61.2. Pſ.94. 22. Deut. 32.4.

Their Forts, ſtrength, ſafty upon Him, and *flye*
To him alone in all their Miſerie?
Where they in *ſafty* live, and dare defie
Both Men and Devils with ſecuritie.
O let us then on Him alone repoſe
Our Soules, *who will* (i) *protect them from all foes.*

11.

Doves, Eagles, Conies, Fiſh in (v) *Rockes doe breed,*
Build, dwell and hide themſelves: Chriſts choſen *ſeede*
In (x) *Him alone breed, build, dwell, live, and hide*
From all ſuch Perills as ſhall them betide.
Let this their wiſedome teach all others grace
In this Rock Chriſt, their Strength, Neſts, Homes to place.

12.

Rockes have no outward (y) *forme nor comelineſſe*
To make them lovely. (z) *Scripture* is expreſſe
That Chriſt our Rocke had none, whence moſt (a) *deſpiſe*
Him whiles they view Him but with carnall Eyes.
And yet as Rockes, *though ragged*, vile and bare
In outward forme, containe within them rare
And precious Jewels, Stones, Mines, of all Kinds;
So though our Rocke, Chriſt, unto carnall Minds
In outward ſhew ſeemes baſe; yet *in Him lye*
The (b) *richeſt Treaſures, Mines, Gems*, hid *from eye*:
O *judge not then by* (c) *outſide*, ſince corſe skinne
And rags oft times *have Treaſures, Pearles* (d) *within*,
Whiles guilded Outſides (like a (e) *painted Grave*)
Nought elſe but *Duſt, Droſſe, Dung, within them have.*

Rockes

(i) 1 Per. 4. 19. 2 Tim. 4. 18. Ioh. 10. 28. 29.
(v) Cant. 2. 14. Pro. 30. 26. Numb. 24. 21. Job 39. 28. 29. Pſal. 104. 18. Jer. 48. 28.
(x) Joh. 15. 1. to 8. Cant. 2. 14. Iſay. 25. 4. Pſ. 32. 7. Pſ. 119 119. Iſa. 32. 2.
(y) Iſa. 2. 21. Ezech. 26. 4.
(z) Iſa. 53. 2. 3. Pſa. 22. 14. 15. 16. 17. Iſa. 52. 14.
(a) Iſa. 53. 3. Mark. 9. 12. Pſ. 118. 22. Mat. 21. 42. Act. 4. 11. Joh. 1. 10. 11.
(b) Epheſ 3. 8. Col. 1. 16. 17. 18. c. 2. 9. 10. Eph. 1. 23. Ioh. 1. 16.
(c) 1 Sam. 16. 7.
(d) Jam. 2. 5. Pſal. 45. 13. 1 Per. 3. 4. Rom. 2. 28. 29.
(e) Mat. 23. 27. 28.

13.

Rockes fence the Land againſt the raging Seas,
Which elſe would ſwallow it with ſpeed, and eaſe.
So (f) *Chriſt defends his Church and feeble Sheepe,*
Gainſt Devills, Tyrants, Wolves; who elſe would ſweepe
Them cleane away, and ſpeedily devoure,
If not protected by his Mighty Power.
O give Him then the praiſe of this ſweete Grace
Who thus preſerves us ſafe in every place.

(f) Mat. 16. 18. c. 28. 20. Ioh. 10. 28. 29. Rom. 8. 35. to 39. Pſal. 121. 1. to 8. Pſal. 125. 1. 2. 3.

14.

Rockes oft times Harbours make for Ships to ride
In ſafty both from Pirats, Stormes, winds, Tide.
So *Chriſt* our Rocke, an (g) *Harbour is to all,*
Who flye to Him, and for helpe on him call
In all their Troubles; where they may repoſe
Themſelves in *ſafty,* maugre Stormes, or Foes.

(g) Jer. 16. 19. Pſal. 18. 1. 2. Pſal. 9. 9. Pſal. 46. 1. 2. 3. Pſal. 62. 7. 8. Iſa. 25. 4. Heb. 6. 18. Pſal. 60. 1.

15.

Rockes through the world neare hand diſperſed lie
For Men to (h) *flye too, in extremitie.*
Chriſt in (i) *all places is ſtill neare at hand,*
A Rocke to ſhield, and guard his choſen Band,
In all their Dangers, and perplexities,
Thrice happy he who in him fenced lies.

(h) Judg. 15. 8. c. 20. 45. 1 Sam. 13. 6. c. 23. 25. c. 24. 2. Iſa. 2. 10. 19. 21. (i) Mat. 28. 20. Pſ. 34. 18. Pſal. 145. 18. Rom. 10. 6. 7. 8. Act. 10. 35. Pſal. 18. 1. 2.

16.

God well accepted in moſt gratefull wiſe,
And by *ſome wonder grac'd the Sacrifice*

Which

Which holy Men upon bare (k) *Rockes did lay,*
And offer to him; not on Altars gay:
Thus God *thoſe Praiſes, Almes, Teares, Prayers, Cryes,*
(A *Chriſtians beſt and onely* (l) *Sacrifice*)
Doth moſt regard, and *them alone approve*
Which laid on (m) *Chriſt our Rocke, doe from Him move,*
And mount to Heaven (n) *ſweetned with the fume*
Of his rich Odors, which their ſtincke conſume.

(k) Judg. 6. 20. 21. c. 13. 19. 20.
(l) Pſal. 51. 17. Heb. 13. 15. 1 Per. 2. 5. Phil. 2. 17. c. 4. 8. Pſ. 107. 22. Rom. 12. 1.
(m) Heb. 13. 15. Col. 3. 17. Joh. 13. 13. 14. c. 16. 24. 26.
(n) Rev. 5. 8. c. 8. 3, 4.

17.

Altars of old *were built on* (o) *Rockes*; to ſhew
That we no (p) *Altar elſe but Chriſt ſhould know*;
And that all Altars, Offerings muſt proceede
From Him, or elſe theyle ſtand us in no ſteede.
Thoſe Altars then are *built but on the* (q) *Sand,*
And ſure to fall, which on Chriſt doe not ſtand;
As none doe now, ſith (r) *Chriſts death overthrew*
All Altars but Himſelfe, both old and new.

(o) Judg. 6. 26. c. 13. 19. 20.
(p) Heb. 13. 10 Rev. 16. 9. c. 8. 3. c. 9. 13.
(q) Mat. 7. 26. 27. Luk. 6. 47.
(r) Heb. 7. 12. 13. 14. to 28. c. 8. & 9. & 10. c. 13. 10. 13. 1 Cor. 9. 13. 14. c. 10. 16. to 22. c. 11. 24. to 27. Col. 2. 10. to 22.

18.

No laſie, fearefull Perſons can aſcend
Steepe *Craggie* (s) *Rockes*, but *onely thoſe who bend*
Their Minds, Force, Might thereto, who hardly get
Vpon them but with earneſt paine and ſweat,
Nay falls, oft-times, and Bruiſes: ſo all thoſe
Who (t) *ſloathfull are, with Chriſt can never cloſe*:
A Rock ſo Narrow, craggie, ſteep, Sublime (*Climbe,*
That, none, with Eaſe, *with Paines*, (v) *few can Him*
Meeting with (x) *many Rubbes, Falls, Bruiſes*, ere
They climbe upon Him, and a building reare.
O then let all who thinke this Rocke to mount
Of Paines, *Sweat, Fals, Rubs, croſſes, make* (y) *account.*

(s) Amos. 6. 12. 1 Sam. 14. 4. 13. Jer. 4. 29.
(t) Mat. 25. 26. Rom. 12. 11. Heb. 6. 12. Pro. 21. 25.
(v) Mat. 7. 13. 14. Luk. 13. 24.
(x) Joh. 16. 33. Act. 14. 22. 1 Theſ. 3. 4.
(y) Luk. 14. 28. to 34.
(z) Deut. 6. 5. Luk. 10. 27.

And then addreſſe themſelves *with* (r) *all their might*
Unto this worke, which will their paines requite.

19.

Rockes are too Hard, on which to ſleepe ſecure:
And *they muſt* (a) *watch, not ſleepe whom Chriſt keepes* ſure.
Thoſe who intend on this Rocke ſafe to lye,
Muſt (b) *Shake off ſleepe, with all ſecurity*:
Watching and (c) *praying alwayes night and day*,
Leſt world, fleſh, Devill them ſurprize and ſlay.

20.

Rockes in, or neere the Seas, and waters are,
And doe their heads, moſt part (d) *above them* beare:
So *Chriſt*, our Rocke, on *earth did oft reſide*
Neare to the Sea; yea, on it, walke and ride:
Lifting his Head above the proudeſt Seas,
And calming all their raging waves with eaſe:
To ſhew *that He was* (e) *Supreme Lord of all*
The world, when Seas and floods before Him fall;
Yea, prove a footeſtoole for his *feete to tread*,
And (g) *walke upon in ſafty*, without dread.
All other Rockes in waters ſincke, Chriſt Sailes,
Swimmes, walkes upon, and over them prevailes.

21.

Moſt, ragged Rockes contemne, neglect, forſake,
Untill ſome (h) *Dangers force them to betake*
Themſelves unto them for ſecuritie,
And then they prayſe, and highly magnifie
Thoſe

(r) Deut. 6.5. Luk. 13.24.
(a) Mar. 24. 42. c. 26. 41. Mar. 13. 37. Luk. 21.36.
(b) Rom. 13. 14. Luk. 22.46. 1 Theſ. 5. 6. 7. Eph. 5. 14.
(c) 2 Theſ. 5. 17. Eph. 6. 18. Rom. 12. 12. Act. 6. 4. Luk. 21. 36.
(d) Pſ. 40. 2. Pſ. 61. 2.
(e) Mar. 4. 13. 15. 18. c. 8. 24. 26. 27. c. 13. 1. c. 14. 24. 25. 26. c. 15. 29. Mar. 2. 13. c. 3. 7. c. 4. 1. c. 5. 1. 21. c. 7. 3. Luk. 6. 17. c. 21. 15. Joh. 6. 1. 16. 18. c. 21. 1.
(f) Mat. 8. 27. Mar. 4. 41. Luk. 8. 25. Mat. 14. 33.
(g) Ma. 14. 25. 26. Mar. 6. 48. 49. Joh. 6. 19.
(h) Judg. 15. 8. c. 20. 45. 1 Sam. 13. 6. c. 24. 2. c. 23. 25. 26. Iſa. 2. 10. 19. 21. c. 7. 19. Jer. 4. 29.

Thoſe Rockes they held before in ſuch diſgrace,
As the moſt ſtrong, ſweete, beſt, and ſafeſt place.
So, *moſt this Rocke Chriſt quite* (i) *neglect, deſpiſe,*
Deſert, abandon till (k) *extremities*
Enforce them to Him, to protect and free.
Them from the Evills which they feare and flee.
And then no place ſo ſweete, ſafe, delicate
As this our Rocke before left deſolate.
But yet as thoſe who unto Rockes doe flye,
Not out of love, but meere neceſſity,
(l) *Forſake them quite, when as their Dangers end;*
So, ſuch *whom Feares, or Perills force, and ſend*
(Not ſincere love) *to Chriſt our Rocke,* (l) *away*
Depart from Him, and will no longer ſtay,
When as their Dangers, Troubles, Feares are gone,
And moſt unkindly leave Him all alone.
Hence may all Popelings Learne, that *Multitude,*
Chriſts, or his Churches truth doth (m) *ill conclude.*

(i) Iſa. 53. 3. Pſal. 118. 22. Act. 4. 11. Mar. 9. 12. Joh. 1. 10 11.
(k) Mat. 11. 28. 29. 2 Chron. 33. 12. Hoſ. 5. 15. Pſa. 78. 34. 35. 36. Iſa. 55. 1. 2. Zeph. 3. 12. 1 Tim. 5. 5.
(l) Pſal. 78. 34. 35. 36. 37. Jer. 3. 10. Exod. 8. & 9. & 10. Judg 2. 17. 18. 19. c. 3. 10. to 16. c. 4. 1. to 6. c. 6. 1. to 11.
(m) Mat. 7. 12. 13. 14. c. 20. 16. c. 22. 24. Luk. 13. 23. 24. 1 Pet. 20. 21. Rev. 3. 4. 1 King. 22. 6. to 29.

22.

Rockes humble are, and never upwards tend,
Mount, ſwell, but (n) *downe their Heads and Motions bend.*
So *Chriſt* our Rocke, did (o) *humble and abaſe*
Himſelfe, but *never ſought high ſtate or Place,*
Moving from Heaven downe to Earth below,
To quench all Pride, and make men humble grow.
Who then dares ſwell with Pride, or Haughtineſſe
When Chriſt, Himſelfe did thus ſo low depreſſe;
Though (p) *King of Kings, and Lord of Lords, moſt High,*
Nay ſecond Perſon in the Deity?

(n) Exod. 15. 5. Nah. 1. 6.
(o) Mat. 11. 29 Phil. 2. 5. 6. 7. 8. Joh. 6. 15. 16. Eph. 4. 9. Heb. 2. 7. 9. Zech. 9. 9.
(p) Phil. 2. 5. 6. 7. 8. 1. Tim. 6. 15. Rev. 17. 14. c. 19. 6. Deut. 10. 17.

23.

(q) Num. 23.9. Iob. 39.28.29. High Rocks a pleasant (q) *Prospect yeeld, whence Men*
Sea, Land, nay Heaven may the better Ken.
And with delight see farther, and farre more
Than they on lower ground beheld before.
Thus men high mounted on our Rock, Christ, view
(r) 2 Cor. 5.16. 17.18. 1 Cor. 2.7. to 16. Act. 26.18. 2 Cor. 4.18. Col. 3.1. 2.3. Phil. 3.7. 8.9.20. Eph. 3. 8. 9. 20. Eph. 3.8.9.10. From thence, with most delight, such (r) *pleasant, new*
And glorious Sights of God, and things above
As rap their soules, and make them sicke of Love.
Thence they behold all Earthly things below
With other Eyes, and both discerne and know
(s) Eccles. 1.2. 14. 1. Ioh. 2. 15.16.17. Phil. 3.7.8.9. Prov. 23.4.5. *Them to be vile, base* (s) *Drosse, meere vanity;*
And very small when view'd thus from on high.

24.

(t) Pro. 30.19. When (t) *Serpents upon Rockes doe creepe or glide*
They leave no tract, way, steps, that can be spide.
When that old *Serpent Satan crept upon*
Our Rocke Christ, *with his strong Temptation,*
(u) Mat. 4. 2. to 10. Lu. 4. 1. to 10. Ioh. 14. 30. Heb. 4.15. *He* (v) *nought prevailed*, and no *print, step, trace,*
Of him or his Assaults on Him tooke place.

25.

When *Christ our Rocke for forty dayes and nights*
Had fasted, then the Devill Him incites
(x) Mat. 4.2.3. 4. Luk. 4.2.3. 4. *To* (x) *turne stones into Bread, Himselfe to feede;*
Which He denide, though then he bread did neede:
Yet of his tender Mercy to Mankinde,
And their poore soules, which are with hunger pinde,

He

He dayly turnes a *Rocke* (*Himſelfe*) to (*y*) *Bread*
Of life, wherewith their hungry Soules are fed.
Yea, rather than his choſen, Bread ſhall neede,
The Rockes and Stones their Soules ſhall fat and feede,
Nay feaſt with thoſe *ſweete wafers*, which their Minde,
By (*z*) *Meditations doth within them finde.*
Let then our Hearts be right, we *neede not feare*
A (*a*) *want of Bread, Food, them to feede, feaſt, cheare,*
Since every Rocke and Ston's a Magazine
To feede, ſtore, feaſt them ſtill with Bread Divine.

(*y*) Joh. 6. 32. to 64.
(*z*) Pſal. 77. 12. Pſ. 143. 5.
(*a*) Pſal. 34. 9. 10. Pſa. 37: 25. 1 King. 17. 6: 7: 18: 12- 13:

26.

When *God himſelfe* of his abundant Grace
Shew'd forth his glorious Preſence, and bleſt Face
To Moſes and Elias; he *them plac'd*
In (*b*) *Clifts or Caves of Rockes, and there them grac'd*
With this grand Honour, Him to view. When we
Gods *ſweeteſt* (*c*) *Face and Preſence long to ſee*,
Our Soules to raviſh; we muſt ſtand, and hide
Within the Clifts of our Rock, Chriſts peirc'd ſide
(*Which theſe Rockes doe but* (*d*) *figure*,) the ſole place
Wherein we may with Comfort view Gods face.
O let our Soules in theſe Clifts dwell and ſtay,
Where God his (*e*) *Face and preſence doth diſplay,*
In ſuch ſweete manner, and ſuch lively ſort,
As will our Soules with Love and Joy tranſport.

(*b*) Exod. 33. 21. 22. 23. 1 King. 19. 9. to 16.
(*c*) Mat. 3. 17. Joh. 1. 18. c. 6. 46. c. 14. 7. 9.
(*d*) 1 Cor. 10. 4.
(*e*) Joh. 14. 7. 9. 2 Cor. 5. 19. 20.

27.

Rough ragged *Rockes and Stones, cauſe Men to* (*f*) *fall*
And ſtumble on them; yea, oft times withall,
Themſelves to bruiſe, maime, breake, and hurt ſo ſore,
That they expire therewith, and riſe no more;

(*f*) Iſa. 8. 14. 15. Luk. 2. 34. Ro. 9. 33. 1 Pet. 2. 8. 2 Chron. 25 12. Zech. 12. 3 Pſal. 141. 6.

Thus *Chriſt* becomes to many a wicked one
(g) Iſa. 8. 14. 15. Luk. 2. 34 Rom. 9. 33. 1 Pet. 2. 8. *A* (g) *Rocke offenſive, and a ſtumbling ſtone*
Who on Him ſtumble, ſlip, and headlong fall,
And daſh themſelves in pieces therewithall.
O then beware how we againſt Him hit
( ) Luk. 2. 34. Mat. 21. 44. Spurne, ſtumble, *who to* ( ) *ſhivers will us ſplit.*

28.

(b) Deut. 32. 13. Job. 29. 6. Some (b) *Rockes of flint* yeeld *ſofteſt oyle*, to ſwage,
And ſupple hardeſt ſwellings, when they rage.
(i) Ezech. 11. 19. c. 36. 26. Heale wounds, and Ulcers; ſuppleſt *Oyles of Grace*,
Which (i) *ſoften hard Hearts in a little ſpace;*
(k) Mat. 11. 28 Pſal. 41. 4. Mal. 4. 2. Rev. 22. 2. (k) *Aſſwage our Paine, our Aches, wounds, ſores cure,*
Proceede from Chriſt, a Rocke *moſt firme and ſure.*
Lord give us ſtore of this ſoft Oyle, that we
Our Hearts made ſoft, our wounds quite heal'd may ſee.

29.

(l) Iſa. 2. 7. The Mines and *Treaſures which in Rockes hid lye*,
(l) *Exceede Mans ſearch and full diſcovery.*
The Sacred *hidden Treaſures* which doe *dwell*
(m) Epheſ. 3. 8. 10. 19. 20. 1 Cor. 2. 9 Col. 2. 3. 9. c. 1. 19. In *Chriſt* our Rocke, are *ſo* (m) *unſearchable;*
Vaſt, boundleſſe, endleſſe, that *they farre exceede*
Saints largeſt thoughts and in them wonder breede.
O let us ſtill contemplate more and more (*ſtore.*
(n) Eph. 3. 18. 19. Pſal. 62. 2. 6. 7. Pſal. 73. 25. The (n) *height, depth, length, breadth, of this ſearchleſſe*
To fill our Soules with ſweeteſt joyes, and make
Them for the Love of theſe, *all elſe forſake.*

30.

(o) Job 6. 12. Jer. 23. 29. *Rockes* are moſt Patient and doe not (o) *complaine*
Cry, ſtir, though Tempeſts, Seas, Winds, Axes, Rain,
Nay Sledges beat upon them, and them bruiſe,
Break, hew, cleave, pierce, cut, lance, & much miſuſe.

So

So *Chriſt* our Rocke, *endured* (*p*) *patiently*,
His Croſſe, wrongs, ſuffrings, Death without all cry,
Complainte, reſiſtance; like a Sheepe before
Her ſhearer, which doth never bleate, ſtir, roare.
O let all Chriſtians now at laſt from (*q*) *hence*
Learne to beare croſſes with like Patience.

(*p*) Iſa. 53. 7. Mat 26. 63. c. 27. 12. Act. 8. 32. 2 Pet. 2. 23. Heb. 12. 2. Rev. 19.
(*q*) 1 Pet. 2. 19. to 25. Rev. 12. 12. Rom. 13. 10. Jam. 1. 3. 4.

31.

The (*r*) *Floods, windes, ſtormes againſt the Rockes oft beate*;
They ſtill expoſed are to Cold, or Heate:
Sometimes the Seas ſurround & drown them quite
And oft the yce and ſnow them hide from ſight:
So *Chriſt* on earth (*s*) *aſſaulted was with windes*;
Floodes, Tempeſts, Heate, Cold, Croſſes of all Kindes,
Which for a time did hide, *immerge*, at laſt,
Quite over-whelme Him, till the Storme was paſt.
What Chriſtian then can *thinke himſelfe* (*t*) *ſecure*
From Stormes, Winds, Floods, ſith Chriſt did them endure?

(*r*) Mat. 7. 25. Luk. 6. 47. 48.
(*s*) 1 Pet. 2. 22. 23. Heb. 2. 9. 10. 18. c. 4. 15. c. 12. 2. Matth. 4, 2. to 10. c. 27. and 28. Mar 15. & 16. Luk. 23. & 24. Act. 2. 23. to 37. c. 3. 13. to 22. c. 4. 26. 27. 28.
(*t*) Joh. 15. 20. Mat. 10. 22. 23. 24. 25.

32.

When *Chriſt gave up the Ghoſt*, the (*u*) *Rockes did rent*,
The Death of this cheefe Rocke for to lament:
Yea, to beare witneſſe of his Deity,
Who though he dy'd, *made* (*x*) *Rockes in peices flye.*
That Heart is harder, worſe than Rock or Stone,
Which Chriſts Death cannot rent, nor cauſe to moane.
Yea every (*y*) *Rockie Heart muſt melt, rent, fall*
In pieces, when Chriſt ſhall it ſhake, ſmite, call
By his Almighty Hand, or voyce; which make
The hardeſt (*z*) Rockes *and* Hearts *to melt, ſplit, ſhake.*

(*u*) Mat. 27. 51
(*x*) 1 King. 19 11. Nah. 1 6.
(*y*) Ezech. 22. 14. c. 36. 26. c. 11. 19. Luk. 24. 32. Iſa. 13. 7. Ezech. 21. 7. Jer. 23. 29.
(*z*) 1 King. 19. 11. Joſh. 2. 11. Amos. 9. 13. Nah. 1 5. 6.

Lord

Lord let the Thoughts of thy Death quite relent
Our Rockie Hearts, and move them to repent.

33.

Rockes (a) *ſeldome rot, corrupt, or putrifie:*
(b) *Chriſt rotted not, whilſt he in Grave did lye;*
That ſo he might our rotten *Corps thence* (c) *raiſe*
Free from corruption, Him for aye to prayſe.
O feare not then, though we returne to duſt,
Chriſt at the laſt (d) *will ſcoure off all our Ruſt,*
Droſſe, and Corruption; and our Corps reſtore
To ſuch a State, that it ſhall dye no more;
But live in endleſſe Glory, and excell
The (e) *ſhining Rayes, which in Starres, Moone, Sunne, dwell.*

(a) Job. 6. 12. c. 14. 24.
(b) Act. 2. 24. 31. c. 13. 34. 35. 36. 37. Pſal. 16. 10.
(c) 1 Cor. 15. 42. 43. 52. 53. 54. 55. 56. Phi. 3. 21.
(d) Rom. 6. 9. 10. 1 Cor. 15. 42. 43. 52. to 57.
(e) Joh. 13. 2. Phil. 3. 21. Mat. 13. 43. Dan. 12. 3.

34.

Rockes though they drowned be, appeare againe,
And fixed in their Places ſtill remaine:
So *Chriſt, though Dead, and layd in Grave, aroſe*
Againe the (f) *third day, yea to Heav'n up goes,*
Above the reach of Floodes; *where he on high*
Hath fixt his Throne for all (g) *Eternity.*
Here ſhall this *ever-living* raiſed Rocke
For ever (h) *reigne amidſt his choſen Flocke.*

(f) Mar. 26. 6. 7. Mar. 16. 6. 1 Cor. 15. 4. 5. 6. 12. to 23.
(g) Heb. 1. 8. 12. Pſal. 145. 13. 2 Pet. 1. 11.
(h) Rev. 22. 5.

35.

Our Rocke Chriſt being dead *entombed lay*
Within a (i) *Rocke; where Hegrim death did ſtay.*
We, Duſt and Earth, when dead, to (k) *them returne:*
But our *dead Rocke, a Rocke had for his Urne,*
Which Him receiv'd, and harbor'd even when,
He Slaine, and quite (l) *rejected was by Men.*

(i) Mar. 15. 46. 47. Mar. 27. 60. Luk. 23. 53.
(k) Gen. 3. 19. Eccleſ. 3. 10.
(l) Iſa. 53. 3. 14 c. 4 11.

O Rockes of Fleſh, and Bowels, which firſt(m) *rent*
Themſelves, His bloody Paſſion to Lament!
And then Him in their Boſomes lodge, and plac'd,
When men Him ſlew, forſook, and moſt diſgrac'd!
O men (*more*(n) *hard than any Rocke, Flint, Stone,*
Who never, pitty, feele, regard, bemoane
Chriſts cruell Death and Paſſion; nor receive
Him, when the Rocks rent, and Him Houſe-roome give!
O let us learne from hence, how hard, unkinde,
Ingrate we are to Him, who ſtill ſhall (o) *finde*
More pitty, harbor, love, from Rockes than we,
Untill our Hearts by Grace relented be.
And let this Thought our Hearts of Rocke now thaw,
And Floods of bitter Teares out from them draw.

(m) Mat. 27. 51.

(n) Jer. 5. 3. Ezech. 3. 5.

(o) Joh. 1. 10. 11. Mat. 8. 20. Luk. 9. 58. Job 24. 7. 8.

36.

In fine; when we conſider that (p) *Chriſt lay*
Intombed in a Rocke; yet the third day
Roſe up from thence: it makes each Hole and Cave
We ſee in Rockes, no other but a Grave:
And points us out the (q) *Place where we muſt lye*
Inter'd, ere long, and fits us ſtill to (r) dye;
Which done, it then revives our ſoules againe
With this ſweet Thought, that we(s) *ſhal not remaine*
In Grave for ever; ſince our Saviour roſe
From thence againe, to rayſe us, and all thoſe
Who are his Members, from the Duſt, to (t) *raigne*
In endleſſe Bliſſe, where he doth now remaine.
Let theſe ſweete Speculations ever cheare
Our drooping Soules, and baniſh all their Feare.

(p) Mar. 15. 46. 47. c. 16. 1. 2. 3. Mat. 27. 60. c. 28. 5. 6. Luk. 23. 53. c. 24. 6. 7. Joh. 19. 41. 42. c. 20. 1. to 26.

(q) Job. 17. 1. 13. Pſal. 88. 3. 5.

(r) 2 Tim. 4. 6. 7. 8. 1 Cor. 15. 31.

(s) Pſal. 19. 9. 10 Act. 2. 32. c. 13. 33. 1 Cor. 15. 1 Theſ. 4. 14. to 18. 2 Cor. 4. 14 Rom. 8. 11.

(t) Rev. 22. 5.

Thus Barren Rockes unto a pious Minde
May fruitfull prove, if it (v) *Christ in them finde*;
When they in Name and Nature thus expreſſe
Unto the life, with Fruite and Pleaſantneſſe,
Farre better than all Pictures which the Blinde,
Dull Papiſts make, to bring them to their Minde,
As if His (x) *Word, Workes, Sacraments, yea,* (y) *Man*
The trueſt, beſt Idea that we can
Have of Him) with each Rocke, Stone they eſpie
Were not enough to ſhew him to their eye,
Without thoſe Idols, which have thruſt aſide
Theſe better Pictures, and Chriſt from them hide.

(v) 1 Cor. 10. 4.

(x) 1 Cor. 11. 25. 26. 29. Gal. 3. 1. 1 Cor. 2. 2. Rom. 1. 19. 20.

(y) Gen. 1. 26. 27. c. 3. 1. c. 9. 6. 1 Cor. 11. 7. Eph. 4. 24. Col. 3. 10. Heb. 1. 3. c. 2. 11. 12. 13. 14. 16. 17. Phil. 2. 7. 8. 1 Joh. 3. 2. Joh. 1. 14. 30.

38.

Bleſſed Lord Jeſus *who the* (z) *only Rocke,*
And Refuge art of thine Elected Flocke,
Teach us thus ſweetely to behold, and view
Thee in each Rocke we ſee; for to renue,
Melt, change, delight, rejoyce our Hearts, & make
Them out of love to Thee, *all elſe* (a) *forſake*:
Still (b) *living, cleaving, dying unto Thee*
The onely Rocke, where they full ſafe ſhall be.

(z) Pſal. 62. 2. 6. 7. Pſal. 94. 22. Pſ. 18. 2. 31. 1 Cor. 10. 4.

(a) Lu. 14. 33. Mar. 10. 28. 29. Pſa. 73. 25.

(b) Rom. 14. 7. 8. 2 Cor. 5. 8.

Medi.

Meditations of the ſecond Kinde, comparing *Rockes* and Sinnes together.

AGaine, Me thinkes, the Rockes doe typifie,
the nature of thoſe Sinnes which in us lye.

1.

For firſt, all *Rockes exceeding* (c) *Heavie are,*
To thoſe who them upon their ſhoulders beare:
Yet Light, not pondrous to their proper place:
So, to all Hearts renu'd with ſaving Grace
All ſinnes more (d) *heavie than Rockes are, and ſeeme;*
Though ſtony hearts them light and eaſie deeme.

2.

Rockes preſſe and bruiſe Them ſore on whom they lye,
And for meere anguiſh make them Roare and Cry.
Sinnes doe ſo too; when God doth once awake
Mens ſoules, their *Preſſure makes them* (f) *roare and quake.*
O then beware of Sinnes, which (g) *bruiſe, oppreſſe*
Our ſoules, and worke nought elſe but their diſtreſſe.

(c) Pro. 27.3. Zech. 12.3. Iſa. 32. 2.
(d) Pſ. 38.4.5. Job 6.3.4. Mat. 11.28.
(e) Zech. 12.3. Dan. 2. 34.35. Prov. 27.3.21. Chron. 25.12. Pſ. 137.9. Eccl. 10.9. Joſh. 10. 11.
(f) Pſal. 38. 1. to 11. Pſ. 32.3. Pſ. 22.1. Job. 3. 24. Pſ. 88. 1. 2 3.
(g) Mat. 11.28. Pſal. 38. 8. 2 Sam. 24.14.

Rockes ſinke, and bend ſtill (b) *downe wards: Sins doe ſo,*
Tending to (i) *Hell the Place to which they goe:*
Each day they ſinke men lower than they were,
Till by degrees they them to Hell downe-beare.
Oh then betimes *ſhake off theſe* (k) *weights, which preſſe*
And ſinke our Soules to Hell, without redreſſe.

4.

Rocks (l) *cold, hard, dead and ſenſeleſſe are;* (m) *Sins make*
All ſuch, within whoſe Hearts they Lodgings take:
Beware then how ſuch Gueſts we entertaine,
By which our Soules are deaded, hurt and Slaine.

5.

Rockes make men oft to ſtumble, ſlip, and fall;
And break their Bones, Limbs, Neckes, oft times withall:
Sinnes (o) *doe the like.* If then we would be free
From Slips and Break-neck-falls, we muſt them flee.

6.

Rockes *are* (p) *deformed, horrid, barren, vile;*
And ſo are (q) *ſinnes, with all whom they defile.*
Theſe make Men ugly, filthy, Steril, baſe,
And all their Glory, Beauty quite deface;
Yea, *change them into* (r) *Monſters, wolves, dogs, ſwine;*
Nay (s) *Fiends incarnate.* O then Sinnes decline!

7.

Where (t) *Rockes once fixe their Stations, they remaine;*
And none but God can move them thence againe:
So Sins once ſetled in Mens Hearts, there (v) *ſtand*
Faſt entred, till Gods owne Almighty hand

Expell

(b) Exod. 15. 5. Neh. 7. 11. Jer. 51. 63. 64.
(i) Pſal. 9. 17. Pſal. 55. 15. Pro. 5. 5. 2 Pet. 2. 14. Iſa. 24. 24.
(k) Heb. 12. 1. Amos 2. 13. Rev. 18. 21.
(l) Exod. 15. 16. 1 Sam. 25. 35.
(m) Heb. 3. 13. Ezech. 3. 7. Epheſ. 2. 1. 2. c. 4. 18. 19.
(n) 2 Chro. 25. 12. Iſa. 8. 14. 15. Pſal. 141. 6. Zech. 12. 3.
(o) Iſa. 8. 15. Jer. 18. 15. Iſa. 24. 20. Jer. 8. 4 12. c. 25. 27. c. 50. 32.
(p) Iſa. 2. 21.
(q) Iſa. 64. 6. Ezech. 16. 3. to 40. Pro. 13 5. Gen. 49. 4.
(r) Ezech. 21. 25. c. 22. 27.
(s) Joh. 6. 70. 71. c. 8. 44. Act. 20. 29. 2 Pet. 2. 22. Rev. 22. 15.
(t) Exod. 15. 16. Job 18. 4. c. 28. 9.
(v) Jer. 13. 23. Rom. 7. 19. to 25. Zeph. 1 2. Jude 10. 11. 12. 13.

Expell them thence. O then let no Sinnes lye
Upon our Soules, but out them presently,
Lest they should (x) *settle; for if once they rest*
Within them, they are hardly dispossest.

(x) Heb. 3. 12. 13. Eph. 1. 1. 2. 3. c. 4. 18. 19. Rom. 1. 23. to 29.

8.

Rockes are (y) *exceeding hard to batter, breake,*
Mine, pierce, demolish. So let all Men speake,
And they must say, *that* (z) *all Sinnes are so too,*
We ruine, breake them still with much adoe.
He who doth thinke his Sinnes with ease to quell,
Shall never tame, nor from him them expell.

(y) Jer. 5. 3. Mat. 7. 25. 26. Job 41. 24.
(z) Jer. 13. 23. Ephes. 1. 19. 20. 2 Cor. 9. 27. Rom. 7. 18. to 25. Heb. 12. 1.

9.

Rockes make their *Dwellers* (a) *fearelesse, and secure*
Of Foes or Perils, and to thinke all sure:
Sinnes (b) *doe the like to those that in them dwell;*
Who feare no dangers till they sinke to hell.
O then beware lest Sinnes make us secure:
No State's so ill, as that which seemes most sure!

(a) Obad. 3. 4. Jer. 21. 13. c. 49. 16.
(b) Job 12. 6. Isa. 28. 15. 18. Deut. 29. 19. 20 Judg. 18. 7. 10. 27. Ezech. 28. 2. to 12.

10.

All *Rockes are* (c) *blushlesse, shamelesse, impudent;*
Sinnes are so too, nought can then daunt, relent.
And by degrees *Mens Hearts, Browes they so* (d) *steele*
That they no Sinne, Blush, shame, disgrace can feele.
Take heede then lest Sinne, first, us shameless make,
Then Senseless, Graceless, fit for Hells dread Lake.

(c) Jer. 5. 3.
(d) Jer. 3. 3. c. 6. 15. c. 8. 12. Ezech. 2. 4. c. 3. 7. Heb. 3. 13.

11.

Rocks, *stones* (e) *good grounds oft spoyle, and quite deface:*
So (f) *sinnes good men deprave, marre shame, disgrace.*

(e) 2 King. 3. 19. 25.
(f) Ezech. 28. 24. 26.

12.

Rockes, *Stones* in fertile Soiles them (g) *barren make*;
And nought will ſpring, or grow there, till men take
Them thence: So Rockes and Stones of *Sinne decay*,
And make Men (h) *fruitleſſe till remov'd away.*
No fruites of Grace will ever grow, or ſprout
Up in them, till theſe Stones be digged out.

(g) Iſa. 5. 2. 2 King. 53. 19. 25. Mat. 13. 5. Mar. 4. 5. 6. Lu. 8. 6. 7.
(h) 1 Pet. 2. 1. 2. Jam. 4. 1. to 12.

13.

Great Rockes (i) *apparent are to each Mans eye*,
And all both farre and neare may them eſpie.
Great Sinnes in all, *in* (k) *Great men ſpecially*,
Themſelves to all both farre and neare deſcry;
Whence (l) *Scripture* ſaith, *they are on Rockes Tops ſet*,
And doe in (m) *others worlds of Sinnes beget.*
Let all, but Great ones chiefely, all Sinnes flye;
Which though kept cloſe, will *yet* (n) *themſelves deſcry.*

(i) Ezech. 24. 7. 8. Rev. 6. 15. 16. Numb. 23. 9.
(k) 2 Sam. 12. 10. 11. 12. 14. Exech. 16. 36. 37. 38. Iſa. 3. 9.
(l) Ezech. 24. 7. 8.
(m) 1 King. 13. & 14. & 16.
(n) 2 Sam. 12 1. 12. Pſa. 90. 8 Eccleſ. 12. 14. Mar. 4. 22.

14.

Wilde (o) *Goates in Rockes feede, live, and much delight*:
So, wicked Men, *ſtil'd* (p) *Goates both day and night*
In (q) *ſinnes and luſts doe wallow, live and joy*;
Though they their ſoules at laſt will quite deſtroy.
O Madneſſe! thus in Sinnes to take delight?
Which *againſt God, Soule, Body, alwayes* (r) *fight.*

(o) 1 Sam. 24. 2. Joh. 39. 1.
(p) Mat. 25. 32. 33.
(q) Eph. 2. 1. 2. 3. c. 4. 19. Rom. 1. 27. to 32. 1 Joh. 5. 19. 2 Pet. 2. 13. to 22.
(r) 1 Pet. 2. 11. Act. 5. 39. c. 23. 9.

15.

The *Steepe high Rockes, and Forts which on them ſtand*
Are never (s) *ſeal'd, or won but by ſtrong hand*;

(s) Jer. 39. 1. 2. 3. Ezech. 29. 18.

Much

Much Paines, Long Seige, or Famine, which doe pine,
Or ſtarve their Men, and cauſe them to reſigne.
The ſteepe, high, craggie Rockes and Forts of ſin
Within us, *none can ever* (t) *Scale, force, win,*
But by ſtrong hand, much coſt, paines, ſweate, ſtrife, care,
Long Seige, and Faſts, by which they ſtarved are,
And forc'd at laſt for very want to yeeld,
Where elſe they would have made us leave the field.
Its then no eaſie thing to conquer Sinne:
They muſt beſtir them who its Forts would winne.

(t) 1 Cor. 9. 27. Rom. 7. 18. to 25. Mat. 17. 21. Luk. 2. 37. 1 Cor. 7. 5. 2 Cor. 6. 5. c. 11. 27.

16.

Rockes, (v) *wreake, ſinke, breake Ships, Boates:* So Sins
oft (x) *ſplit*
And drowne thoſe Soules which on them daſh or hit;
Not in Sea-waters, but in *Lakes of fire,*
Where they ſhall ever feele Gods ſcorching Ire.

(v) Act. 27. 29. (x) 1. Tim. 6. 9. Rev. 21. 18.

17.

Inſtruct us then, O Chriſt, our Rocke, to ſhun
All Sinnes as Rockes, and not on them to run,
For feare of ruine, and ſtill give us Grace
To flye theſe Rockes of Sinne in every place,
With greater care than (y) *Sea-men doe avoyde*
Thoſe noted Rockes, which thouſands have deſtroyd;
Not once preſuming to approach or hit
Againſt ſuch Rockes, as others Soules have ſplit.
And ſince ſunke Rockes of (z) *ſecret Sinnes that lye*
Hid in our Hearts, and (a) *worldly jollity,*
Mirth, Paſtimes, Pleaſures, (*where we leaſt ſuſpect,*
Or feare a danger) *moſt ſoules ſtill have wre kt;*
Teach us theſe Rocks to ſee, and then to flye
With chiefeſt care, and them not to come nigh.

(y) Act. 27. 29. (z) Pſa. 19. 12. Job 34. 32. (a) Jam. 5. 1. 5. Iſa. 22. 12. 13. 14. c. 5. 12. 13. 14. c. 47. 7. 8. 9. Zeph. 2. 15. Job. 21. 10 12. 13. Amos. 6. 3. to 8. c. 8. 10.

Yea

Yea, ſith no Sea ſo fraught with Rockes can be,
As this whereon our Soules ſayle towards Thee:
O Shield us from theſe Rocks by thy great Power,
Which elſe will Split and Sinke us every houre:
That ſo we may at laſt arive ſecure
In Heaven's bleſt Port, where Joyes for aye endure.

Meditations of the third Sort, ſuiting *Rockes*, and Gods Elect together.

BEſides, theſe Rockes preſent before our Eyes
The State of Gods Elect, in lively wiſe.

1.

Rockes fixed are, not toſſed to and fro,
With every Winde, Storme, Tempeſt: Even ſo
Gods *Choſen Sheepe with* (c) *firme and ſtable Hearts*
Adhere to Him in all their Troubles, Smarts:
No Stormes, Windes, Croſſes, Changes can remove
Them from his Word, Sonne, Spirit, Truth or Love:
When (d) *Troopes of others ſhrinke, and fall away,*
They cleave to him as to their onely Stay.

(b) Job 18.4. Mat.7.25.26.
(c) Rom.8.35. 36.37.38.39.
(d) Joh. 6.66. 67.68. 2 Pet. 1.10.11.

2.

Rockes many (e) *Winds, Stormes, Tempeſts undergoe:*
And *doe not all the* (f) *Saints, whiles here, doe ſo?*

(e) Mat. 7. 25. 26.
(f) Pſal. 34.13. Act. 23.22. Pſa. 73.14.

Rockes

3.

Rockes meekely beare and ſuffer Stormes that fall,
And never fret, rage, or repine at all:
Gods (g) *Saints without all murmur, fret, or cry*
Their Croſſes, Loſſes beare moſt quietly;
Submitting unto God, whoſe Providence
All bitter Potions doth to them diſpenſe.

(g) Pſal. 39. 2. 9. 1 Sam. 3. 8. 2 Sam. 15. 25. 26. 27. c. 18. 4. to 14.

4.

All men on (b) *Rockes may ſafely build and reſt:*
And of all *truſty friends, the Saints are beſt.*
On (i) *whom we may all times with truſt relye,*
And to them in all Dangers ſafely flye.

(b) Mat. 7. 25. 26.
(i) 3 Ioh. 5. 6. Prov. 17. 17. c. 18. 24. Joh. 15. 13.

5.

Rockes (k) *bare and ragged are*: The Saints *oft* (l) *Poore,*
In outward State; but ſeldome begge at doore.

(k) Iſa. 2. 21. Ezech. 26. 4.
(l) Pſa. 37, 26. Jam. 2, 5. 1 Cor. 4. 11. 12. c. 16. 1. 2. 2 Cor. 6. 10. c. 8. 2. 4. Rom. 15. 26.

6.

Yet though Rockes Outſides be but baſe and rude,
They richeſt Mines within their wombes include:
So though *Saints Outſides be but ragged, baſe,*
Within them (m) *hidden lye gold-Mines of Grace.*

(m) Jam. 2. 5. Pſal. 45. 13. Epheſ. 3. 19. Phil. 1. 11. Col. 1. 9. 10. 11. Heb. 11. 37. 38.

7.

Stones *digged out of Rockes and hewed* ſquare
The (n) *faireſt Temples, Buildings make that are.*

(n) 1 King. 5. 17. 18. c. 6. 7. 8. c. 7. 3. 10. 11. 2 Chron. 2. & 3. 2 King. 12. 12. Ezech. 40. 42.

So Gods Elect, *though vile whiles that they lye*
In *Natures Quarries in deformitie*;
Yet hew'de out thence, squar'd, polisht by Gods Grace,
And layd in order in their proper Place,
Become (o) *rich Temples wherein God doth dwell,*
And doe all other structures farre excell,
In worth, and glory: Lord thus square, and lay
Us in these Sacred walls, which last for aye.

(o) Psal. 14, 4. 22. Isa. 11. 11. 12. 1 Cor. 3. 16. 17. 2 Cor. 6. 16. Ephes. 2. 21.

8.

Rockes for the most part lowly are and meeke:
The (p) *Saints are so, and no high places seeke;*
In this vaine world, where they dejected lye
Till God advance them to the Starrie skie.

(p) Psa. 131. 1. 2, 3. Col. 3. 1. 2. 3. Heb. 11. 13. 14 15. 16. 24. 25. 26. 35. 36. 37. 38. 2 Cor. 4. 9. to 13.

9.

Rockes Kingdomes, Islands guard and fortifie
Gainst raging Seas, Floods, Stormes, and Enemie:
(q) *Saints holy Lives, and frequent Prayers ar*
States surest Guards; Forts, both in Peace and war;
These Shield-off Judgements, Foes, Plagues, yea Gods Ire,
Which else would wast, and scorch them worse than Fire.

(q) Exod. 32. 11. to 15. Jam. 5. 16. 17. 18. 2 King. 2. 12. c. 6. 9. to 24. c. 8. 9. c. 20. 6. Gen. 28. 23. to 25. Act. 27. 24. 2 King. 13. 14. 23.

10.

Rockes from their Sides send forth (r) *Springs sweete and pure,*
Mens Thirst to quench, their wounds and sores to cure:
And who but *Christ* and *Saints* can (s) *Comfort bring*
To Sinne-sicke Soules, and those who feele the Sting
Gripes, Torments, Flames of Hell and Conscience?
Or binde up broken hearts, and chase from thence

(r) Numb. 20. 10. 11. 12. Deut. 8. 15. Psal. 105. 41. (s) Isa. 61. 1. 40. 2. 3. 2 Cor. 1, 4, 5.

All

All feares and horrid Terrors? Which an Hell
On Earth oft make in thoſe wherein they dwell?
Hence all ſuch *wounded Soules doe ever fly*
To (t) *theſe for Comfort in extremity*:
Since no ungodly wretch can cheare, or eaſe
A Sinne-ſicke Soule, nor aking Heart appeaſe.

(t) 2 Cor. 1.4. 5.6. Act. 9.10. to 20.

11.

Rockes moſt deſpiſed and neglected are,
As worthleſſe Creatures: Thus *Gods Saints oft fare*
(v) *Contem'd, abhor'd of Moſt, as vile and baſe,*
Though of Mankinde the onely Pearles, Starres, Grace.

(v) 1 Cor. 4. 9. to 13. Heb. 11. 36.37.38. Mal. 3.14. to 18.

12.

Rockes hurt no Shippes, Boates, Men, but ſuch as
(x) *hit*
Themſelves againſt them; and ſo breake or ſplit:
So Gods Elect doe never hurt, breake, quaſh
Any, but thoſe who (y) *wilfully runne*, daſh,
Bruiſe, breake themſelves againſt them; who muſt check
And blame themſelves, not them, for this their wreck.

(x) Act. 27. 39.

(y) 1 King. 13. 4.6. Act. 9.4.5.

13.

God firſt *ingrav'd his Sacred Lawes upon*
A Marble Rocke (z) *a Table made of Stone*;
Not brittle Glaſſe, ſoft Paper; that they might
Out laſt all time: *God, ſtill, his Lawes doth write*
On hardeſt Rockes; *Saints ſtable* (a) *Hearts*, whereby
They Time ſurvive, and gaine eternity.
The *two firſt Stony Tables* whereupon
God ſtampt his Lawes, *broke, loſt were long agon*:
Theſe harder Tables of Saints Hearts remaine,
And in them Gods bleſt Lawes for aye retaine.

(z) Exod. 24. 12. c. 31. 18. c. 34. 29. Deut. 4. 13. c. 5. 22. c. 9. 10. 11. 15. 17.

(a) Jer. 31. 33. 2 Cor. 3. 3.

Lord, I my heart a (b) *Rocke have made*: O carve
Therein thy Lawes, from which it may not ſwarve.
And ſince it ſhall out-dure the firmeſt Rocke,
O, this rich treaſure ever in it locke!
Yea, make each Saints Stone-Heart the Treaſury
Of thy ſweete Lawes, for all eternity.

(b) Ezech. 11. 19. c. 36. 26.

14.

Rockes in moſt places thinly ſcatred are;
Saints in all places are *moſt* (c) *thinne and rare.*
(d) *Diſperſed here and there, where hid they lye*
In ſecret Corners in obſcurity;
Driven from Country, Lands, Houſe, Home, by thoſe
Who for their (e) *Goodneſſe onely are their Foes.*

(c) Luk. 13. 23. 24. Iſa. 17. 6.
(d) 1 Pet. 1. 1. 2. Heb. 11. 36. 37.
(e) Pſal. 38. 20.

15.

Rockes *burnt to* (f) *Lime, doe faſten, joyne, ſement*
Stones in all Buildings, and them free from rent:
Yea; laid on barren Grounds where nought would ſpring,
They make them fertile, and great Crops to bring:
So Gods Elect, when melted by the Flame
Of his ſweete Spirit, (g) *knit, unite the Frame*
And Stones of his Church here on Earth together,
And keepe out Errours, Sects that would it ſever:
Yea, ſent to barren Soiles where grew no Grace,
They make them (h) *fruitfull, and in better caſe.*

(f) Iſa. 33. 12.
(g) Eph. 4. 3. to 17. Rom. 15. 5. 6. 7. c. 16. 17. 18. 1 Cor. 1. 10. 11. 12. 13. c. 12. 4. to 31. Phil. 1. 27. 28. Jud. 3. 4. Rev. 2. 14.
(h) Act. 26. 17. 18. Rom. 1. 13. c. 15. 18. 19. 20. Col. 1. 6.

16.

Rockes cut and poliſht, turne to *richeſt Gems*
Become Kings Treaſures, (i) *crowne their Diadems.*

(i) Zech. 9. 16. 2 Sam. 12. 30.

Saints

Saints ſquar'd and poliſht from their droſſe by Grace,
Prove *Gods rich* (*k*) *Jewels*, in *his Crowne have place.*
Lord ſo refine me that I may be ſet,
A Stone, Pearle, Jewel in thy Coronet.
Amidſt thoſe Saints which thou reput'ſt ſuch Gems
As farre excell, out-ſhine all Diadems.

Sweete Jeſus make me of thy Choſen Flocke,
That I, like them, may be a bleſſed Rocke.

(*k*) Mal. 3. 17.

Meditations of the fourth Claſſe, ſampling *Rockes*, and Rockie Hearts, with ungodly Men, together.

YEt more, me thinkes Rockes repreſent to all
Mans Rockie Heart, and Nature, ſince the fall,
In ſome Reſpects, wherein they well agree
With Stony Hearts; from which God make us free.

1.

Rockes are exceeding (*l*) *Shameleſſe, Impudent;*
Nought will them daunt, or cauſe for to relent:
So men of Stony Hearts, *have* (*m*) *Browes of Steele,*
Faces of Rocke, which no bluſh, ſhame can feele.
No ſhamefull Sinne, Convictions, or Diſgrace
Will daunt, or cauſe them once to hide the Face.

(*l*) Jer. 5. 3.

(*m*) Jer. 3. 3. c. 5. 3. c. 8. 12. Ezech. 2. 4. c. 3. 7.

(u) Phil.3.19. It is *their* (u) *glory to be voyd of ſhame,*
And vaunt of that which doth them moſt defame.

2.

(o) Joſh.10.10. Judg.9.53.54. Zech. 12. 3. Luk. 13.4. 2 Chron. 25.12. (p) 2 King. 8: 12.13. Gen. 5. 7. Pſal. 71. 4. Prov. 12. 10. Jer.6.23.c.50. 42.Pſal.27.12. Ezech.34.4.

Rockes ſhew no mercy, but to (o) *peeces mall,*
Breake, bruiſe, or hurt, all thoſe on whom they fall.
So men of Rockie hearts are (p) *mercileſſe,*
And breake, bruiſe, teare, cruſh, all they doe oppreſſe.
No Cries, Parts, Vertues, Merits can aſſwage
Their cruell Projects, nor divert their Rage.
O let me *rather fall into the Pawes*
Of (q) *Beares or Lyons, than an hard Hearts Jawes.*

(q) Prov. 17. 12.

3.

(r) Iſa.47.2. Rocks make thoſe (r) *Milſtones* which doe grinde, bruiſe, teare
(s) Exod 1.12. c.4.Iſa.3. 15. The Corne we uſe, to make us Bread, or Beere:
So men of Rockie Hearts ſtill ſerve to (s) *grinde,*
Preſſe, bruiſe Gods Choſen, till they be refinde
From all their Huskes of ſinne, and made meete Food
For Gods ſweete Pallate, to their greateſt Good.

4.

(t) Deut. 8.9. Job 28.2. Some Rockes burnt in the Fornace harder grow;
And nought but (t) *Steele, or Iron from them flow:*
Which ſerves to breake, hew, poliſh, fit, and ſquare
Rude Rockes and Stones, and Stately piles to reare:
(v) Iſa. 1. 5. 6. 2 Chro. 28.22. 23. Gods fery Fornace *Rockie Hearts makes more*
(v) *Hard, and obdurate than they were before;*
Yea all its ſcorching Heate the which they feele,
Serves but to turne them into harder Steele,

Or

Or Iron; for to breake, hew, poliſh, pare
The Rockes and Stones which God layes in the rare
And choiſeſt Buildings of his Church: whoſe walls
Are (x) *built*, not ras'd, with theſe hard Iron Malls.
And Tooles of Steele, though they *no* (y) *Part nor ſhare*
Have in the Temples which they helpe to reare.

(x) Exod. 1. 12. c. 4.
(y) Act. 8. 21.

5.

The moſt miſchievous Inſtruments of war
Wounds, Bloodſhed, firſt from (z) *Rockes extracted ar*;
As Canons, Muſquets, Bullets, Sword, Bills, Speares
With other weapons, where with Man kills, teares,
Torments, Maimes, Stabs his Brother in deſpite,
As if he did in nought but Blood delight:
So *from Mens Stony* (a) *Hearts firſt flow and ſpring*
All Miſchiefes, Murders, Warres, Sinnes, each ill thing:
Theſe were the Artiſts which did firſt invent
Each bloody, murth'ring, warlike Inſtrument;
The Shops in which they forged were, the Armes
That weild them ſtill, & work a world of Harmes.
O curſed Hearts of Rocke from whence doe flow
All Evills, Miſchiefes, woes we heare, ſee, know!
Lord free and ever keepe us from ſuch Hearts,
Which are the Cauſe of all our Sinnes, Ills, Smarts.

(z) Job 28. 2. Deut. 8. 9.
(a) Mat. 15. 19. Gen. 6. 5. c. 8. 21. c. 37. 41.

6.

Rockes make thoſe *in them* (b) *careleſſe, Proud, Secure*
From feare of Danger: Stony Hearts are ſure
To make all (c) *ſuch, in whom they are, and ſnare*
Them in great Miſchiefes ere they be aware.

(b) Obad. 3. 4. Jer. 21. 13. 14. c. 49. 16.
(c) Iſ. 47. 7. 8 9. 10. 11. c. 5. 19.

Rockes

Rockes are (d) *exceeding Hard; and sooner broke*
Than squar'd or polisht with the Axes stroke:
Mens Stony Hearts so hard and flinty are,
That all Gods Axes, Judgements (e) *cannot square*
Them to his Rules, nor cause them to amend,
And sooner breake than rent, or make them bend.
He who in *hardest* (f) *Stones of old impreſt*
His Sacred Lawes, upon a Rockie Breſt
Cannot ingrave them: Lord what Hearts of Flint
Have Men, whereon thy Lawes can make no Print!
Nought but Christs blood *theſe* (g) *Adamants can thaw*
And squave them to the Models of Gods Law.

(d) Job 41.24. Jer.23.29.Nah. 1.6. Jer.5.3.
(e) Isa. 1.5. 2 Chron. 28.22. Exod.5. to 13. Jer.5.3.c 2.30. Isa.9.30 Amos 4.6.to14.Rom. 2. 4. 5.
(f) Exo. 31.18. c.34.1.4. 29.
(g) Ezech. 11. 19.c.36.26. Jer. 32. 39.

8.

No heate of Sunne or Fornace Rockes will melt,
But harden rather, and their Heat's not felt:
Gods (h) *Sun-shine Mercies, and his sweeteſt Grace;*
His fiery Fornace, and his frowning face,
Mens Rockie Hearts will neither warme, relent,
Affect, melt, change, nor move them to repent.

(h) Isa.26.10. 11. c.1.5. c. 9. 30. Jer.5. 3. 2 Chro.36.14.15 16. Jer.25.3.to 15. c. 29. 19. c. 32. 33. Amos. 4.6.to 13.Hos. 6.4.5. Rom.2. 4.5.

9.

Most *Rocks are* (i) *barren*, yeelding nought for Back
Or Belly, that Mankinde or Beasts doe lack:
Mens (k) *Stonie Hearts as Barren: no good Thing,*
No Fruites of Grace, Faith, Vertue in it spring.

(i) Ezech. 36. 4 Amos 6.12.
(k) Ezech. 11. 19 Math. 13.5. 6.20. 21. Mar. 4. 5.Luke 8.6.

10.

Thornes, Thiſtles, (l) *Brambles, Weedes of Rockes oft grow;*
All *Stony Hearts with theſe, ſtill* (m) *over-flow:*
Fruit-

(l) Judg. 8.7. 16.
(m) Heb. 6. 8. Rom. 1.24. to 32.c.2.4.5.

Fruitefull in nothing, but thoſe tares of vice,
And ſinne, which barre them out of Paradiſe.

11.

Rockes Deafe and Senceleſſe are of good, and ill:
Hard (n) *Hearts are ſo, and neither can, doe, will,*
Gods Word, Law, Workes regard, Heare, underſtand;
Nor, feare his angry; kiſſe, his ſoothing hand.

(n) Epheſ. 4. 18. 19. 1 Tim. 4. 2. Proverb. 23. 35. Deut. 29 2. 3. 4. Iſa. 6. 9: 10. 2 Chron. 36. 15. 16.

12.

The *fierceſt Stormes,* (o) *Winds, Waves, on Rockes doe daſh:*
Gods (p) *Soreſt Judgements Stonie Hearts doe laſh:*
And though they ſeldome feele Gods ſtroke or Curſe;
This nothing Mends, *but* (q) *makes their Caſe farre worſe.*

(o) Mat. 7. 25. 26.
(p) Deut. 28. 15. to 68. 1. Sam. 5. 7. 2. Chron. 21. 19. Ezech. 14. 21. Mich: 2, 10. Heb. 10. 29.
(q) Epheſ. 4. 18. 19. Rom. 2. 5.

13.

The pleaſant Showres, Drops, Dewes that on Rockes light.
Make them not fruitfull, nor in better plight:
But glide away forthwith, not ſinking downe
To make them Mellow, good, or ſinne to drowne:
So Rockie (r) *Hearts, though they receive the raine,*
And frequent ſhowres of Gods bleſt Word, remaine
Still Barren, Hard, and Senceleſſe, nought will ſtay
That drops upon them, but all ſlides away
That's Good or Sacred; onely *Flouds of* (s) *ſinne*
Sinke downe with ſpeede, and freely enter in.

(r) Heb. 6. 7. 8. c. 3. 13. 8. Mat. 13. 5. 6. Iſa. 28. 10. 13. 2 Chro. 36. 15. 16 Jer. 23. 3. 4. c. 35. 15.
(s) Job 15. 16.

14.

(t) Luk. 8. 6. 13. Amos. 6. 12.

None craggie (t) *Rockes will Till, Plough, Plant, or Sow;*
Their Labours loſt who doe it, nought will grow.
Obdurate Hearts few uſe to Plough or Till
With Godly Precepts, Counſells; ſith *they ſtill*
(v) 2 Chron. 36. 15, 16. Jer. 23. 3, 4. Mat. 7. 6. Prov. 9. 7, 8.
(v) *Neglect, deride, contemne them; ſo as all*
The ſeede is loſt *which on the Rockes doth fall.*

15.

Rockes blunt, and hurt the edge of Tooles that ſmite,
Or ſquare them for good uſes; yea in ſpite
Their Chips and Shivers daſh againſt the Eyes,
Face, Shins of thoſe that hew them. Loe the guiſe
(x) Pro. 9. 7. 8. Mat. 7. 6. Prov. 15. 12. 1 King. 13. 4. c. 18. 17. 18. 2 Chron. 24. 19. 20. 21. 22. c. 36. 15, 16. Mat. 23. 37. Gal. 4. 16.
Of Rockie Hearts, *which* (x) *hurt and malice thoſe*
Who checke their ſinnes, and hate them as their Foes.
Yea, let their Paſtors in their Miniſtry
But touch their Sores, into their Face they flye:
So zealous are they for thoſe Sinnes, which end
In hell, when they will not Gods cauſe defend.
O that our zeale for God were halfe ſo much
As for our darling Crimes, when Men them touch:
(y) Pſal 141. 5. Pſal. 139. 23, 24. Prov. 8, 9. c. 29. 25.
Then would we let *them* (y) *ſtrike, wound, lance, yea* Slay
Our deareſt Sinnes; and thanke, not them gaine-ſay.

16.

(z) Job. 18. 4.

Rockes Cold and Heavie are, and (z) *never move*
Out of their Places; nor mount up above

Unleſſe

Unleſſe perforce; and then *they ever* (a) *bend*
Downe to the Center; whence they did aſcend
So (b) *Rockie Hearts are Cold, and lumpiſh ſtill*
To all that good is; prone to nought but Ill:
No Love, Heate, zeale to God within them flame;
His Cauſe they'le not ſtir in for Love, nor Shame:
Their Thoughts, *Minds*, Cares *are fixt on* (c) *things below*,
And never upwards Soare to view, mind, know
The things above; unleſſe *ſome* (d) *ſodaine Feare*
Of Death, Hell, Danger up them ſcrue or reare
Againſt their Wills: which paſt, to Earth they hie
With greater poyſe, and there ſtill groveling lie.

(a) Rev. 18. 2. Jer. 51. 53. 64. Neh. 9. 11. Exod. 15. 5. 10 Matth. 18. 6. Mark. 9. 42. Luk. 17. 2.
(b) Rom. 2. 4. 5. c. 1. 23. to 32. Ephe. 4. 18. 19. 2 Pet. 2. 20. 21. 22.
(c) Phil. 3. 18. 19.
(d) Iſa. 26. 11. 16.

17.

Rockes (e) *Dumbe and ſilent are*: So Hearts of Stone
For good Diſcourſe have neither Tongue, nor Tone
Sitting ſtill (f) *Mute like ſtones without voyce, ſence*,
When any fall to godly Conference.

(e) Hab. 2. 19.
(f) Iſa. 56. 10. Job. 15. 3.

18.

Rockes (g) *bare and naked are*; whence all may ſpie
Their Nakedneſſe, and groſſe Deformitie.
All Stony *Hearts, are* (h) *naked, poore, and bare*;
Their Bareneſſe, vileneſſe, wants expoſed are
To all Mens view; till Chriſts rich Robes of Grace
Cloath or Adorne them, and theſe wants deface.

(g) Ezech. 26. 4.
(h) Ezech. 16. 3. to 15. Rev. 17. 18.

19.

Rockes Liveleſſe are; and Stony Hearts *are* (i) *Dead*;
No life of Grace was ever in them bred:

(i) Mat. 8. 22. Joh. 5. 25. Epheſ. 2. 1. 5. 14.

Yea, *all who now draw breath, muſt ſhortly* (t) *dye*,
(Who knowes how ſoone) and dead as Rockes
ſhall lye.

(t) Heb. 9. 27. Pſal. 89. 48.

20.

Rockes till by force they broken be, and ſlit,
(l) *Hewd, poliſht, for all Buildings are unfit*:
Thus Rockie *Hearts till God them* (m) *rent, hew, ſquare*;
To build his Houſe, Church, Temple, uſeleſſe are.

(l) 2 Chron. 2. 2. 18. 1 King. 5. 17. c. 7. 9. 10. 12.
(m) Ezech. 36. 26. Joel 2. 13. Hoſea 6. 5.

21.

Rockes make Men (n) *fall and ſtumble*, to their Paine
And Hurt: That (o) *Rockie Hearts doe thus, 'tis plaine*;
Since *all our Slips, Falls, Bruiſes, Sinnes proceede*
From Stony Hearts, which make us take no heede.

(n) Iſa. 8. 14.
(o) Rom. 2. 5. Eph. 4. 18. 19.

22.

Rockes (p) *Shipwracke thoſe, who doe too neare them ſayle*;
And ſunken Rockes to ſplit Ships moſt prevaile:
Thus Rockie Hearts unleſſe we from them fly
Will (q) *wracke us all; but yet eſpecially*
When neither Felt, nor Seene: for then we run
With full-ſaile on them, and are quite undone.

(p) Act. 27. 29.
(q) Rom. 2. 4. 5. Epheſ. 4. 18. 19. 1 Tim. 6. 9.

23.

Rockes feele no Burthens, weights that on them lie;
So *Rockie Hearts doe never* (r) *ſigh, groane, cry*
Under the Weights and Burthens of their Crimes,
(*Though* (s) *heavier than the Sands a thouſand times*)
And

(r) Epheſ. 4. 18. 19.
(s) Pſal. 38. 4. Matth. 11. 28. Joh. 6. 3.

And why? becauſe they never feele their poyſe
Till it them ſinke to Hell, and quite deſtroyes.

24.

Not all the Men on Earth, with all their Art
Can make one Rock, or Stone; much leſſe an Heart;
But *onely* (t) *God himſelfe*: yet Men alone
Are the (v) *Creators of all Hearts of Stone*,
Not God: O wonder, that Men ſhould create
Nought but Hard Rockie Hearts which God doth hate:
Such Hearts can none elſe but Men, Fathers call,
Which ſinke ſtill downewards, till to Hell they fall.

(t) Joh. 1. 3.

(v) Pſal. 95. 8. Exod. 8. 15.

25.

O then when ever we a Rocke ſhall ſee,
Let theſe thoughts to our Mindes recalled be:
Yea, ponder what *Old* (x) *Rockie Hearts we have*
By Sinne and Nature: *then New, ſoft Hearts crave*,
With fervent Prayers, Grones, Sighes, Teares; ſo we
Our *Hearts of Rocke, to fleſh transform'd ſhall ſee.*
And if we finde, feele, know by ſignes moſt ſure
Our hearts thus changed, and made ſoft, and pure;
Let us for ever in Word, Deede, Life, Thought,
Extoll and (y) *praiſe Him who this Change hath wrought*;
Keeping a narrow (z) *watch both night and day*,
Over our cheating Hearts; for feare leſt they
Should by degrees freeze, or grow (a) *hard againe*,
Yea turne to Rockes, and ſo for aye remaine.

(x) Ezech. 11. 19. c. 36. 26. Pſal. 51. 10. 17.

(z) Act. 2. 46. 47. Eph. 3. 20. 21.

(a) Heb. 3. 13. c. 12. 15. Prov. 4. 23.

26.

Sweete Jeſus (b) *take our Stony Hearts away*,
And give us hearts of fleſh, we humbly pray;

(b) Ezech. 11. 19. c. 36. 26.

And of all other Plagues, from us avert
This as the greateſt, an obdurate Heart.
And ſince of all our Parts Thou doſt *require*,
Seeke, prize our (c) *Hearts moſt*; grant us we deſire
Such *broken, contrite tender Hearts, as* may
Delight Thee moſt; and never from Thee ſtray.
Such Hearts Thou onely canſt (d) *create*, not we;
Make our Hearts ſuch; then happy ſhall we be.

(c) Prov. 23. 26.

(d) Pſal. 51. 10.17.

Miſcellanie Meditations of the fifth Kinde.

TO winde up all; Rockes to our Mindes preſent
Some other uſefull Thoughts, with great content.

(e) 2 Chro. 2. & 3. 1 King. 5. 17. 18. c. 6. 7. 8. c. 7. 3. 10. 11. 2 King. 12, 12. c. 32. 6.

(f) Pſal 144. 12. Iſa. 14. 11. 12. c. 51. 1. Rom. 9. 11. to 31. c. 8. 29. 30. c. 11. 5. 6. 7. Epheſ. 1. 4. 5. 11. c. 2. 4. to 22 c. Pet. 2. 4. 5. 6. 7. 2 Theſ. 2. 13. Mat. 24. 40. 4. c. 20. 16. Mal. 1. 2. 3. Ex. 33. 19. Jer. 18. 6. 2 Tim. 2. 9.

I.

When we behold ſome (e) *Stones with Tooles and Barres*
Dig'd out of Rockes, and taken from the Quarres;
To build ſome Stately Church; whiles others ſtay
Still there, unwrought; though quite as good as they:
It mindes us of that common Rocke wherein
Mankinde corrupted lay, through *Adams* Sinne:
From whence God by (f) *Election and meere Grace*
Culls out ſome Stones (though few) *which he doth place*
Within his Churches Buildings, where they lie
Faſt joyn'd to Chriſt, for all Eternitie:

When

When as all others (though *as good as they*
And of the ſelfeſame Rocke, Quar, Lumpe, and Clay:)
Lye ſtill unpoliſht, in the rotten Maſſe,
And State of Sinne, untill to Hell they paſſe;
Without Injuſtice, ſince *Gods Grace is* (g) *free;*
And none but for (h) *ſome Sinne ſhall damned be.*

Originall or Actuall.
(g) Hoſ. 14. 4. Mat. 10. 14. Rom. 3. 24. c. 8. 32. c. 11. 5, 6.
(h) Math. 25. 41. 42. 43. Mark. 16. 16. Pſal. 51. 4. 5. Lam. 3. 59.

2.

When I conſider that all (i) *Tombeſtones,* Urnes,
And Tombes, where Man, * *meere Duſt, to Duſt returnes;*
Are broken pieces of ſome Rockes; I then
Behold my Tombe-ſtone, in each Rocke I ken:
And ſay; Loe here's the laſting Monument
Wherein my Body muſt ere long be pent,
And ſtout Cloſe Priſner, till the (k) *Judgement day,*
When all its Ruſt and Bolts ſhall fall away.
Which Thought digeſted, makes me ſtill amend
My Life; and fits me alwayes for mine End.
Let all revolve it oft within their Minde,
And they ſhall Treaſure, Honey in it finde.

(i) Iſa. 22. 16. Mark. 15. 46.
* Gen. 3. 19.
(k) Joh. 5. 28. Rev. 20. 12, 13.

3.

When I behold *ſome people dwell, live, lye*
In (l) *Caves of Rockes;* I then thinke preſently;
He who a Cottage wants his Head to Hide,
Shall finde ſome Rocke, or Hole where to abide;
In which he may ſleepe freer from feares, Foes,
And Cares, than thoſe whom Caſtles, Guards, incloſe.
What needs we care then here for Houſe or Home,
If theſe ſhould faile, yet Rockes will give us Roome
To

(l) Job 24. 8. Obad. 3. Jer. 48. 28.

To Lodge and hide in: *Here* (m) *Gods dearest Saints*
Have liv'd, and hid oft times without Complaints;
And beene more happie in these caved Stones
Than greatest Monarchs in their royall Thrones.
Repine not then though Clifts of Rocks should be
Thine House or Home, sith there thou mayst be free,
Safe, blessed, chearefull, and to God more nigh
Than those who in the fairest Pallace lye.

(m) 1 King. 17 4. 13. c. 19. 9. 11. 15. Heb. 11. 38. Gen. 19. 30. Judg. 6. 2. 1 Sam. 13. 6. c. 24. 2. 3. 4. 7. Exod. 33. 21. 22.
(n) Prov. 2. 4. Job 3. 21. Mat. 14. 44. Psal. 17. 14. Col. 2. 3.

+

The precious Jewels (n) *Treasures, Stones which are*
Lockt up and hid in courcest Rockes, declare
Gods dearest Saints and Jewels common Case,
And State on Earth: who thrust out with disgrace
From House and Home, *enforced are to flye*
To (o) *Caves and Rockes, where they imprisned lye*:
Whence driven out againe by bloody Foes
(Like Gold or Jewels our of Rockes;) *they close*
And locke them up againe in (p) *Prisons, Goales*
Or nastie Dungeons, amidst filth, dust, * *Coles*,
The common (q) *Caskets where these Gemmes, Pearles lye*
Untill some Flames them into Ashes frie.
Yet courage Noble Soules, whiles thus you fare
It's a sure Signe you peereless (r) *Jewels are*,
And Gods Choyce Treasures, since you under Locke,
Thus lye, like Gold, Gems in some Casket, Rocke:
And that you shall be (s) *surest kept of any*,
Because kept closest, and not seene of many.
The choycest Things Men ever closest (t) *Locke*;
And Wolves runne loose, whiles God *doth* (v) *fold his Flocke*.

(o) 1 King. 19. 9. 11. 15. c. 17. 4. 13. 1 Sam. 13. 6. c. 24. 2. 3. 4. Heb 11. 38. 39
(p) Psal. 88. 8. Jer. 31. 2. c. 33. 1. c. 36. 5. c. 39. 15. Luk. 3. 20. Act 5. 18. 21. c. 12. 4.
* *Bonner Imprisoned the Martyrs in his Cole-house in Queene Maries dayes.*
(q) Heb. 11. 35. to 39.
(r) Mal. 3. 17 Isa. 61. 10 Exo. 19. 5. Ps. 135. 4
(s) Psal. 88. 6. 8. 18. Cant. 5. 4. 6. Jer. 30. 2. 3. Act. 16. 23. 24 Heb. 11. 36.
(t) Cant. 4. 3. Psal. 17. 14. Mat 13. 44. Job 3. 21. Prov. 2. 4. Col. 2. 3.
(v) Ezech. 34. 14. Joh. 10. 16.

Rockes

5.

Rockes love to (x) *ſhew, not hide their Nakedneſſe:*
Adam and Eve (y) *bluſht at their Naked Dreſſe*
When they beheld it, and did hide for ſhame,
Till they with Coates of Figge-leaves vail'd the ſame.
Thoſe wanton Females then that take delight,
Their (z) *Naked Breaſts, Neckes, Armes,* (like ſome ſtrange ſight)
To ſhew to others, without Bluſh or ſhame,
In ſpight of God, Men, who them taxe and blame:
Are rather ſhameleſſe Rockes than *Adams* Race;
And for the moſt part voyd of Sence, ſhame, Grace;
If not of Honour, and *true* (a) *Chaſtitie,*
Sith moſt is *common* which doth *open* lye.

(x) Exec. 26. 4. c. 24. 7. 8.
(y) Gen. 3. 7. 10. 11. 21. c. 9. 22, 23.
(z) Ezech. 16. 36. 37. Hoſea 2. 2. 3. 4. 2 Cor. 5. 5. Revel. 3. 17. 18. c. 16. 15. Gen. 9. 22. 23. Heb. 2. 15. Iſa. 47. 3.
(a) Hoſea 2. 2. 3. 4. Ezech. 16. 35. 36. 37. 38. 39. c. 23. 10. 11 18. 19. 23.

6.

When we behold Men with much Danger, Swet,
Paines, Trouble, vileſt wrack to gather, get,
And draw from Sea-Rockes, for to burne, or dreſſe
Their tilled Grounds, and mend their fruitfulneſſe.
Me thinkes it ſhould *wring* (b) *Teares from us*, to ſee
What Paines theſe take for Dung, whiles they and wee
Doe not take halfe the Care, Paines, Travell, Sw et
The richeſt Gems of Grace to digge, fetch, get
From Chriſt our Rocke, which would not onely cheare
And warme our Soules, and make them fruite to beare;
But them (c) *adorne, enrich, ſtore in ſuch wiſe,*
That they all elſe as vile Dung would deſpiſe.

(b) Phil. 3. 18. 19.
(c) Rev. 3. 18. Pſal. 45. 13. 14.

(d) Luk. 13. 24 1 Cor. 9. 25. 26. 27. 2 Pet. 1. 5. 10.

For ſhame then henceforth let us *take* (d) *more paine*
Theſe richeſt Gemmes, than they baſe wracke *to gaine.*

7.

When I a Rent or Clift in Rockes eſpie,
It mindes me of the dreadfull Majeſtie,
And mighty Power of our God which make
The hardeſt (e) *Rockes for feare to ſplit* (f) *rent ſhake*
And duely pondred would in peeces teare
Our Rockie Hearts, & make them quake for feare.

(e) 1 King. 19. 11. Nah. 1. 5. 6. Mat. 27. 51. (f) Joel. 2. 12. 13. 10. (g) Mat. 7. 25. 26. (h) Ezech. 11. 19. c. 36. 26. (i) Rev. 3. 20. Iſa. 53. 1. 3. Joh. 12. 37. 38 39. 40. c. 1. 10. 11. Rom. 10. 21. Iſa. 5. 1. to. 7. Jer. 25. 5. to 8. c. 29. 19. (k) Jer. 2. 20. Iſa. 1. 5. c. 3. 9. Jer. 5. 3. Amos 4. 6. to 13. Pſ. 95. 8. 11. Deut. 8. c. c. 29. 3. 4. 5. Joſh. 5. 4. Heb. 3. 8. 9. 17. 2 Chron. 36. 15. 16. Jer. 25. 4. to 8. c. 32. 33. 34. (l) 2 Pet. 3. 9. Rev. 1. 9. c. 3. 10. Rom. 15. 5.

8.

When I behold Men, Tempeſts, Waves, Raine, Winde,
Beate long on (g) *Rockes, and yet no entrance finde*:
It makes me ſee what (h) *rockie hearts we have*
At which though Chriſt (who ſeekes our Soules to ſave)
Doth dayly (i) *knocke by his Word, Grace and Sp'rit,*
Saints, Preachers, Motions; and oft times them ſmite
With ſundry Judgements, Tempeſts, Seas, Malles, Winds
To make them open, yet but (k) *ſeldome finds,*
Or makes an Entrance: nay *though many yeares,*
He thus beates on them, yet no fruite appeares:
O Hearts more hard than any Rocke, Flint, Steele,
Which all theſe ſtrokes upon them never feele!
O (l) *patient Jeſus! who ſo long canſt beare,*
With ſuch hard hearts, which will not melt nor teare!

9.

When I behold Rockes, Stones, moſt ragged, baſe,
Rude and deformed in their Native place,

Hew'd

(m) *Hew'd out from thence, and poliſht by Man-Kinde*
Turn'd into goodly Structures of each Kinde
And made rich *Statues*, (n) *Jewels, Ouches, Gemmes,*
Tea, ſet in Gold and royall Diadems.
I thence conclude, that God with much more eaſe
Speede, Art, can turne, when ever he ſhall pleaſe,
The (o) *hardeſt, vileſt, rockie Hearts that are*
Into rich Temples, Jewels, Gemmes moſt rare;
Yea ſet them in Chriſts very royall Crowne
Like precious ſtones unto their great renowne.
As he *did* (p) *Paul*, (q) *Manaſſes*, and all thoſe
Moſt glorious Saints which Heav'n doth now incloſe.
Let no man then though ne're ſo meane, vile, baſe,
Lewd, ſinfull, once deſpaire of Gods free Grace,
Which in a moment *can* (r) *change and tranſlate*
Him from his wretched to a glorious ſtate.

(m) 2 Chron. 2. & 3. 1 King. 5. and 6. & 7.
(n) Zech. 9. 16. 2 Sam 12. 30.
(o) Exech. 36. 26. 1 Cor. 3. 16. 17. 2 Cor. 6. 16. Epheſ. 2. 21. Mal. 3. 17.
(p) 1 Tim. 1. 13 14. 15. 16.
(q) 2 Chron. 33. 12. to 20.
(r) Epheſ. 2. 1. 2. 3. 4. 5. 6. 3. 20. 21.

10.

When as I ſee the (s) *waters that doe ſtreame*
And guſh from ſtony Rockes, me thinkes they ſeeme
A lively Image of thoſe (t) *Teares that flow*
From Rockie Hearts, when they once tender grow.
Through Gods ſweete Grace and Spirit, which can melt
The hardeſt Hearts to Teares, and them relent
As He did *Rockes of Old, whence* (v) *water guſht*
By ſtreames when He them either ſmote or cruſht.
Bleſſed Lord Jeſus, ſoften, breake, relent
Our Hearts of Rocke, and cauſe them to repent,
And ſend forth Streames, nay Floods of Teares to waſh,
Our ſinnes away, and all their force to quaſh.

(s) Job 28. 10. Pſ. 105. 41.
(t) 2 King. 20. 5. Job 16. 20. Lam. 2. 18. Jer. 9. 1. 8. Luk. 7. 38. 44. Act. 20. 19. 31. Mat. 26. 75.
(v) Pſal. 105. 41. Exod. 17. 6 Numb. 20. 11. 12.

11.

(x) Job 39.28. 29. Jer. 49.16. (y) Psa. 103.5. Isa. 40.31. Mat. 24.28. Luk. 17. 37. (z) Ephes. 2. 20.

(x) *Eagles in lofty Rockes ſtill breed and lye,*
And from their Toppes their Prey farre off eſpie:
Gods choſen Saints whom *Scriptures oft compare*
To (y) *Eagles*, upon Chriſt high mounted are:
(The talleſt Rocke) on whom they (z) *build, lodge, ſtay,*
And thence they ſeeke, finde, take their ſacred prey.
Lord make our Soules with Eagles wings to flye,
To this ſweete Rocke, and there to live and dye.

12.

(a) Job. 28. 10. Pſal. 104. 10. 11. 12. 13. 14.

When I contemplate how *Rockes* (a) *Chriſt all Springs*
Which ſerve to moiſten, ſoften other Things,
Make trees, herbes, graſſe, plants, flowers ſpring and grow;
And quench the Thirſt of all things here below;
Yet neither moyſten, ſoften, fructifie
The Rockes themſelves, ſtill barren, fruitleſſe, dry:
Me thinkes I view in them ſome Rockie Hearts,
Endew'd with rare, rich, profitable Parts
Of Art and Nature; which doe good to many,
Yet to their Owners good, they doe not any.
How many Preachers *others helpe to ſave*
(b) Mat. 22.7. 1 Cor. 9.27. *Yet* (b) *damne themſelves*? and whiles they others gave
The Food of life, have ſtarv'd themſelves to death:
Others made Fertile, themſelves barren Heath?
(c) 2 Sam. 16. 23. c. 17. 23. How many (c) *wiſe to teach, rule, counſell all*
Except themſelves, and ſo through folly fall:
Its hardly worth the Name of Good Art, Skill
That betters others, makes the Owners Ill.

When

13.

When I eſpie Rockes trampled on by all,
Chriſts and true Chriſtians States, to minde I call.
(d) *Trod under feete, with all contempt, ſpite, hate*
Throughout the world, and valu'd at no rate.
Complaine not then of any diſ-reſpect.
No greater Honour than Ill mens neglect.

(d) Iſa. 53. 2. 3. 4. Mar. 9. 12. Pſal. 118. 22. 1 Cor. 4. 9. 10. 11. 12. 13. 2 Cor. 4. 8. 9. 10. 11. c. 6. 4. to 11. Heb. 11. 36. 37. 38.

14.

Each vaſte, high-towring, maſſie Rocke we eye
Preſents to us the ſtrength and Potencie
Of that Almighty God, whoſe (e) *Potent Hand*
Did in a moment, both by Sea and Land
Raiſe up ſo many vaſte high Piles, and Packe
Such Maſſie Rockes on one anothers backe;
Without an Engin, by *his* (f) *Word alone*,
And them ſo ſtrongly ſoder one to one
That all the Art, Wit, Strength, in Man's to weake
To raſe theſe Mounts, and them in Peeces breake.
We wonder much at * *Stonedge*, where there lye
A few large ſtones, pil'd up not very high
On one anothers head, and thinke it ſtrange,
How men ſuch pondrous Stones could reare and range,
In ſuch a manner, though theſe great ſtones be
But Pigmies, Pibbles to the Rockes we ſee.
How much more then with wonder and amaze
Should we upon thoſe Maſſie high Rockes gaze
Which them ſo far in Bulk, weight, height exceed,
And may true admiration in us breed
Of Gods Almighty Power, which could raiſe
Such grand, rare, laſting Trophies to his praiſe.

(e) Iſa. 40. 12. to 18. Pſal. 89. 13.

(f) Pſal. 148. 5.

* *See Camdens Brittania Wiltſhire.*

To which all Structures made by men doe ſeeme
But Mole-hills, Attomes, and of no eſteeme.
He who ſuch heavie Rockes could make, lift, reare,
(g) *Weigh, toſſe with eaſe*, as if they feathers were;
With greater eaſe *can lift and elevate*
His humbled Saints out of their (h) *lowеſt State:*
And in an inſtant into (i) *ſhivers daſh,*
All who with Him or Them preſume to claſh.

(g) Iſa. 40. 12. 15.
(h) Pſa. 113. 7. 8. 1 Sam. 2. 7. 8.
(i) Pſal. 2. 9. Pſal. 107. 40.

15.

When we diſcerne the *Sea, and Time to* (k) *weare*
The very Rockes, and them to waſte, eate, teare;
Thinke and contemplate then, how time, age, ſpace
All things conſume, waſte, weaken and deface;
But chiefely Men, *compact of* (l) *Duſt, not* ſtone
Who *fade like* (m) *graſſe, are in a Moment gone.*
How can meere Duſt and Aſhes thinke to laſt,
When time and age the hardeſt Rockes doe waſt?

(k) Job. 14. 9.
(l) Gen. 3. 19. Eccleſ. 3. 10. c. 12. 7.
(m) Pſ. 103. 14. 15. 16. Pſa. 90. 5. 6. Iſa. 4. 6. 7. 8. Job 14. 1. 2. Jam. 1. 10. 1 Pet. 1. 24.

16.

Thoſe who in *lofty, fenced, ſteepe Rockes dwell*
Are (n) *haughty, proud, ſecure, and farre* excell
Moſt others in theſe vices, ſlighting all,
As if no Miſchiefe could upon them fall.
Whence ſodaine Dangers, Ruines them ſurpriſe
(To quell their Pride) from thoſe they moſt deſpiſe;
Thus carnall Men advanc'd and fortifide
With potent Friends, wealth, Honours, *ſwell with* (o) *Pride;*
Deride all Dangers, Foes, grow ſo ſecure,
As if their Props and Stayes ſhould ſtill endure.
Whence God their Pride to puniſh and abate
Caſts them downe head-long by ſome ſodaine Fate.

(n) Obad. 3. Jer. 49. 16. c. 21. 13.
(o) Ezech. 28. 2. to 29. Iſa. 47. 7. to 12. Rev. 18. 7. 8.

Which

Which ſhould make all, but great men ſpecially
Beware of Pride, and groſſe Security,
The *ſad* (p) *Fore-runners of a certaine fall*,
Which them and theirs will ſoone to peeces mall.

(p) Prov. 16 18 Rev. 18. 7. 8.

17.

When as we ſee Men with muſt coſt and paine
To Mine the Rocks, and Treaſures thence to gaine
Of ſundry Sorts; where with they much increaſe
Their Wealth, and make things meete for warre and Peace:
It forth-with mindes us how with farre more care,
Coſt, Paines, Sweat, Labour all who Chriſtians are,
Should *dayly* (q) *Search, and Myne for richer Oare*
In Chriſt their Rocke, in whom there is ſuch ſtore
Of peereleſſe Mines, and Treaſures of each Kinde
As well content, yea (r) *fill the vaſteſt Minde*;
And ſtore all Chriſtians with all Things they need
In Peace and War, Life, death! Let this then breed
A Reſolution in us, ſtill to Mine,
And draw theſe Treaſures from this Rock Divine.

(q) Prov. 2. 4. Col. 2. 2. 3. Mat. 13. 44.

(r) Epheſ. 1. 23 Joh. 1. 16.

18.

Whiles that we view Men Rockes to ſmite, pierce, rent
With Sledges, Axes, or like Inſtrument;
We then ſhould ponder, how we all each day
Our bleſſed Rocke Chriſt Jeſus (s) *ſmite, ſtab, ſlay*
A freſh with thoſe accurſed Sinnes and Crimes
Where-with we grieve, pierce, wound Him at all times:
Which Thought ſhould turne the Edge, and Point of all
Our Sinnes from Him; upon our ſelves to mall

(s) Amos 2. 13 Heb. 10. 29 c. 6. 6. 2 Pet. 2. 1. Rev. 1. 7.

Break

Breake, wound our Rockie hearts, becauſe we rent,
Abuſe Chriſt thus; and cauſe us to repent.

19.

When we eſpie Rockes dart out Sparkes of fire
When ſmote, or cut with Tooles of Steele or I're:
It ſweetely mindes us, how the *Hand of God*
Smiting upon us with an (t) *Iron Rod*
Should from our Hearts of Rocke extract and draw
Such ſacred Sparkes, yea flames as ſhould them thaw,
Purge all their Droſſe away, and them inflame
With a moſt ardent Love, unto his Name.
Lord when thy Rod ſhall ever on us lite,
Let it ſuch Sparkes, and Flames in us excite.

(t) Pſal. 2. 9. 10. 11. 12. Iſa. 26. 9. 11. 16. Hoſ. 5. 15. 2 Chr. 33. 12. 13. 2 Cor. 8. 2. 1 Theſ. 1. 6. 7. 1 Pet. 1. 6. 7. 8. 9. Jam. 1. 2. 3. 12. c. 5. 13. Pſal. 119. 67. 71. 75 107.

20.

Springs, Quarries, Mines in Rockes, ne're drawne quite drie;
Preſent moſt ſweetely to each Minde and Eye
The (v) *inexhauſted, boundleſſe, Endleſſe Mines,*
Springs, Treaſures, Stores, and vaſteſt Magazines
Of Grace and Goodneſſe, which incloſed lye,
Within the Boſome of the Deity.
To feede, feaſt, fill, enrich, each hungry, poore,
Sad, pined Soule, with all their matchleſſe ſtore.
The very thoughts whereof our Hearts ſhould fill
With ſweeteſt Solace, and delight them ſtill.

(v) Epheſ. 3. 8. 10. 19. 20. Joh. 1. 5. 16. Col. 2. 3. 8. 9. 10.

21.

When I perceive the *ſmalleſt Pibble* (x) *ſinke*
In Floods, as deepe as greateſt Rockes; I thinke

(x) Exod. 15. 5. Neh. 9. 11. Jer. 51. 63 64. Mat. 18. 6. Rev. 18. 21.

How

How ſmalleſt Sinnes are deadly, and as well,
As ſoone almoſt, as Great, ſinke Men to Hell.
O then beware of all ſinnes, *ſince the ſmall*
As well as great to (y) *Hell thus tend and fall.*
Let Papiſts talke of Veniall ſinnes, I trow
No ſinne is veniall, when all ſinke ſo low.

(y) Rom 6.23. c.7.24.25. Ec. 12.18. Math. 12.36.37.

22.

The worthleſſe Rubbiſh in each Rocke exceeds,
And hides the Mines and Precious ſtones it breeds:
Yea, richeſt Mines have ever greater Store
Of droſſe and offall, than refined Oare.
Which pondred, learnes us, how each Place,
(z) *Church breeds*
More Bad than Good: that Good Mens Ill, exceeds
Their *Goodneſſe: that the Bad, Good Men obſcure*
As Rubbiſh hides, Surmounts the Oare that's pure.
Hence Multitude, and viſibility
Appeare ill Markes a Churches Truth to trie.

(z) Mat. 7.13. 14. c. 13. 3.10 51. Luk. 13.23. 24. Rom. 10. 16. c. 11.4.5.

23.

When (a) *Rockes or Stones fall on Men, and them daſh*
To peeces, or at leaſt them bruiſe and quaſh:
It mindes us how our *Rocke Chriſt* (b) *grindeth all*
To powder, upon whom he doth once fall.
O then beware how we pull on our backes
This Maſſie Rocke which Men to peeces crackes.

(a) Joſh. 10.11 Judg. 9.53.54. 2 Sam. 11. 21. Zech. 12. 3. Luk. 13.4.
(b) Iſa. 8. 14. 15. Luk. 2. 34. Pſa. 2 9. Rev. 2. 27. c. 19. 15.

24.

(c) *Rockes keepe from ſinking thoſe who walke or Stand*
Upon them, whiles ſuch, who on Bogges, Floods, Sand

(c) Pſal. 41.2. Pſal 61.2.

Doe *walke*, (d) *reſt, ſtay, ſinke downe and mired are*,
Yea oft times drowned without ſpeciall care.
Hence may we learne that thoſe who walke, reſt, ſtay,
Themſelves on Chriſt (the ſureſt Rocke) alway
Stand firme, ſafe, ſtable; never ſinking downe;
Whiles thoſe who on Bogges, Sands ſinke, ſtand, and drowne.
O let our feete on this Rocke ſtill abide
Then are we certaine not to ſinke, fall, ſlide.

(d) Pſal. 40.2. Pſal. 69. 2. 14. Mat. 14. 30. Jer. 38. 6. 20.

25.

Rockes thoſe who dwell upon them *fence*, (e) *defend*,
But thoſe who Scale them, hurt, bruiſe and offend.
So Chriſt our Rocke (f) *protects his Choſen ſheepe*
Who reſt upon Him, doth them ſafely keepe.
Yet *hurts and breakes to* (g) *peeces all ſuch Foes*,
Who dare preſume Him, and them to oppoſe.

(e) Iſa. 33. 16. (f) Joh. 10. 11. 14. 27. 28. 29. 1 Pet. 1. 5. c. 4 19. (g) Luk. 2. 39. Mat. 21. 44. Pſ. 2. 9. 10.

26.

The ſight of Rockes, their (h) *Clifts, Caves, Holes ſhould Minde*,
All of the *Day of Judgement*, yet behinde:
So full of dreadfull Terrour and Affright
That (i) *Kings themſelves, and men of greateſt Might*
Shall quake and ſhake for very feare; and call
Unto the Rockes and Hills on them to fall;
And into Caves, Holes, Clifts of Rockes ſhall flye
To hide them from the Wrath, Sight, Majeſtie
Of Chriſt our Rocke, before whoſe dreadfull face
The Rockes ſhall then melt, fall, quake, change their place.
And all the (k) *Stout, proud, Rockie Hearts of thoſe*
Who did Himſelfe, Word, Grace, Saints here oppoſe.

(h) Iſa. 2. 10. 19. 21. Rev. 6. 15. 16. 17. Luk. 23. 30. Hoſ. 10. 8. (i) 1 King. 19. 11. Nah. 1. 5. 6. Mat. 27. 51. Iſa 64. 1. 2. 3. Pſal. 97. 5. Amos 9. 13. 2 Per. 3. 10. 12. Judg. 5. 5. (k) Iſa. 2. 10. to 18. c. 5. 15. 16. 2 Theſ. 1. 8. 9. Jude 14. 15.

Shall

Shall be ſo daunted, ſtoniſht, ſtrucke with feare
And Horrour, that they (l) *dare not once appeare;*
Till drag'd perforce before Chriſts Barre and Face,
Where try'd, convict, condemn'd; with all diſgrace
They ſhall be caſt for all Eternity
Into Hels fiery Flames, there ſtill to fry.
O let the Terrour of this diſmall Day,
(*Which now drawes neere, and we ſhould* (m) *mind alway;*)
For ever ſcare us from all Sinne, and make
Our Stony Hearts to melt, bleed, ſigh, breake, ake:
And cauſe us now with ſpeed to flye and hide
Our ſelves within the Holes of Chriſts pierc'd ſide,
Who ſhall us (n) *judge*: and then we boldly may
(o) *Liſt up our Heads, and Hearts in that great Day*
With joyfull cheare, when others hang them downe;
And eke *receive a Rich, Large, Maſſie* (p) *Crowne*
Of endleſſe Glory, in the Heavens high
Where we ſhall reigne for all Eternity.

O Chriſt (our onely Rocke) of thy free Grace
Advance, and bring us to this blisfull Place:
And let each Rocke, Clift, Stone we henceforth ſee
Inſtruct us thus, and bring us home to Thee.

(l) Pſal. 1. 5. 1. Pet. 4. 18. Mat. 25. 30 31. 32. 42. to 46. 2 Theſ. 2. 8. 9. 10. Dan. 12. 2. Joh. 5. 25. 29. Rev. 6. 14. 15. 16. 17. c. 20. 9. 10. 12. 14. 15.

(m) Jam. 5. 7. 8. 9. Rev. 22. 20

(n) 2 Cor 5. 10. 11. Rom. 14. 10. 11. 12. Rom. 2. 16. Pſa. 143. 9.

(o) Luk. 21. 28.

(p) 2 Cor. 4. 17. 2 Tim. 4. 8.

(q) Rev. 22. 4. 5.

The Concluſion.

WIth theſe ſweete uſefull Thoughts, and thouſands more
The Barren Rockes, our Hearts, and Minds may ſtore

When we behold them: and if Natures Booke,
And Rockes, whiles we upon them dayly looke,
Can teach us Nothing which our Lives may mend,
Or cauſe our Hearts, Minds, Thoughts up to aſcend
To Chriſt their Rock, God, and the Things above,
Them to contemplate with the greateſt Love;
Our Hearts are Rockie; We, quite voyd of Grace;
And Rockes than we, are yet in better Caſe.

FINIS.

Mary K

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